



DEPARTMENT OF THE NAVY

COMMANDANT OF MIDSHIPMEN
U.S. NAVAL ACADEMY
101 BUCHANAN ROAD
ANNAPOLIS, MARYLAND 21402-5100

COMDTMIDNINST 5400.6N
BATTALION OFFICERS
16 Aug 11

COMMANDANT OF MIDSHIPMEN INSTRUCTION 5400.6N

Subj: MIDSHIPMAN REGULATIONS MANUAL

Encl: (1) Midshipman Regulations Manual

1. Purpose. To update and clarify the Midshipman Regulations Manual.
2. Cancellation. COMDTMIDNINST 5400.6M
3. Information

a. Midshipman Regulations are supplementary to U.S. Navy Regulations, 1990. Members of the Brigade and all personnel subordinate to the Commandant of Midshipmen shall comply with the substance, spirit, and intent of these directives at all times.

b. Nothing in these regulations should be construed as taking priority over sound judgment or doing the right thing. Situations may arise where good judgment will be the only regulation, and Midshipmen are expected to conduct themselves per Navy core values in these situations.

c. These regulations apply at all times. Midshipmen are required to comply with the requirements set forth in this instruction during the summer training periods as well as during the academic year. Regulations governing Midshipmen rooms apply anytime a Midshipman occupies a room in Bancroft Hall.

4. Information. Enclosure (1) is published for the information and compliance of the Brigade of Midshipmen and all personnel subordinate to the Commandant of Midshipmen.

A handwritten signature in blue ink, appearing to read "R. E. Clark II", is positioned above the printed name.

R. E. CLARK II

Distribution:
Non-Mids (Electronically)
Brigade (Electronically)

COMDTMIDNINST 5400.6N
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MIDSHIPMAN REGULATIONS MANUAL

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CHAPTER 1 - ROUTINE EVENTS

1.1 BATTLE RHYTHM

Monday-Friday Schedule

0530 Earliest rising time for plebes
0545 NAAA team workouts start Per NAAA guidelines
0630 Reveille
0630-0800 Sick Call
0630-0655 Instruction Period-Primary
0700 Morning Quarters Formation
0705-0745 Morning Meal
0755-0845 First Period
0755-0910 Eighth Period
0855-0945 Second Period
0955-1045 Third Period
0955-1110 Ninth Period
1055-1145 Fourth Period
1130 Early meal for oncoming watch section
1205 Noon Meal Formation
1205 Formal Uniform Inspection (TH)
1210-1250 Noon Meal
1250-1320 Instruction Period-Secondary
1250-1320 Academic Lectures and Meetings
LMO/NET1300 Town Liberty for 1/C (F only)
1330-1420 Fifth Period
1330-1445 Tenth Period
1430-1520 Sixth Period
1530-1620 Seventh Period
1545-1800 Athletic Reserve Period
1730-1900 Evening Meal - Rolling Tray (T/TH)
1830 Evening Meal Formation (M/W/F)
1830 Town Liberty for 2/C (F only)
1840 Evening Meal (M/W/F)
1900-2000 4/C Professional Quiz (F only)
1900-1930 Instruction Period-Tertiary (M/T/W/TH)
1900-2000 Midshipman Activity Period (T/TH)
1915-2000 Midshipman Activity Period (M/W/F)
2000-2300 Study Period
2300 Taps and lights out for 4/C (M/T/W/TH)
2400 Taps and lights out for 4/C (F only)
2400 Liberty expires for all 1/C and 2/C not on weekend (F only)
2400 Taps for 1/C, 2/C, and 3/C

Saturday Schedule

0630-0730 Morning Meal
0700-0900 Sick Call
0800 Morning Quarters Formation
0800-1200 Saturday Morning Training
0800 Town Liberty for 1/C and 2/C
1130-1300 Noon Meal
1200 Noon Meal Formation
1200 Town Liberty for 3/C and 4/C
1700-1830 Evening Meal
2400 Liberty expires for all Midshipmen not on weekend
2400 Taps for all Midshipmen not on weekend

Sunday Schedule

0700-0900 Morning Meal
0800 Town Liberty for 1/C, 2/C and 3/C
1100-1300 Brunch
1800 Liberty expires for 1/C, 2/C, and 3/C
1800 Evening Meal Formation
1810 Evening Meal
1900-2000 4/C Professional Quiz Make-Up Period
1900-2000 Midshipman Activity Period
2000-2300 Study Period
2245 Blue and Gold
2300 Taps and lights out for 4/C
2400 Taps for 1/C, 2/C, and 3/C

1.2 REVEILLE

1. Midshipmen shall be out of their racks with all overhead lights on.
2. Upper-class Midshipmen shall not return to their rack until after the morning meal.
3. Plebes shall not return to their rack until 2200 Sunday through Friday, or until 1200 Saturday.

1.3 SICK CALL. Walk-in sick call is held at Brigade Medical. Midshipmen reporting to sick call shall wear regulation PE gear or better. See Section 6.13 for further details regarding Medical and Dental care.

1.4 INSTRUCTION PERIOD

1. Instruction periods shall be used for the training of Midshipmen. Multiple training sessions will be offered so that all Midshipmen complete prescribed training.
2. The priority of instruction periods depends on the individual administering the training. Midshipmen will consult the table of priorities to determine legitimate excusals from training sessions.
3. Instruction Period-Primary and Instruction Period-Tertiary will not be utilized during exam weeks.
4. Instruction Period-Secondary is reserved for Battalion Officer/Company Officer/SEL time. If the Battalion Officer, Company Officer, and SEL choose not to utilize Instruction Period-Secondary, other individuals may conduct training at this time.
5. 4/C come-arounds shall be scheduled during Instruction Period-Primary. If a conflict arises, come-arounds may be moved to other Instruction Periods with advanced notice.

1.5 FORMATION AND MEAL

1. Midshipmen shall be in an inspection-ready prescribed uniform when attending formation. Any Midshipmen authorized to wear an alternate uniform for medical purposes must carry their chit on their person at all times.
2. Midshipmen will conduct themselves in a professional manner during formation and maintain silence while word is being passed.
3. Formations will be attended by Midshipmen as per the table of priorities outlined in 2.1 and by the following regulations:
 - a. 1/C will attend Morning Quarters Formation Monday-Friday, Noon Meal Formation Monday-Friday, and Evening Meal Formation Sunday-Thursday. 1/C on duty will attend Saturday Morning Quarters and Noon Meal Formations.
 - b. 2/C will attend Morning Quarters Formation Monday-Friday, Noon Meal Formation Monday-Friday, and Evening Meal Formation Sunday-Friday. 2/C on duty will attend Saturday Morning Quarters and Noon Meal Formations.
 - c. 3/C will attend Morning Quarters Formation Monday-Saturday, Noon Meal Formation Monday-Saturday, and Evening Meal Formation Sunday-Friday.
 - d. 4/C will attend Morning Quarters Formation Monday-Saturday, Noon Meal Formation Monday-Saturday, and Evening Meal Formation Sunday-Friday.
4. All meals following mandatory formations are mandatory with the exception of Friday evening meal and Saturday noon meal. Midshipmen will report to King Hall directly following formation.

1.6 ATHLETIC RESERVE PERIOD

1. Athletic Reserve Period is reserved for drill, club, intramural, and varsity sports practices and competitions. All scheduled intramural events take precedence over individual workouts.
2. Individual Midshipmen wishing to conduct workouts off the Yard while not on town liberty will be permitted to do so, provided they adhere to the following:
 - a. Wear regulation PE gear with blue rims tucked into shorts (exception for command sponsored events that designate an alternate uniform (e.g., Sea Trials) or for ECAs specifically designated by the Commandant's Operations Officer during their exercise period only (e.g., Infantry Skills, Combat Fitness, etc.)). Wearing Navy/USMC-related technical PT gear off the yard for endurance sports may be approved through the Company Officer by submitting a special request chit.
 - b. Confine workouts to the Naval Academy Bridge, the Naval Station/Greenbury Point, and directly to the Baltimore & Annapolis Trail via Rt 450. Midshipmen may use all athletic facilities at the Naval Station, including the Brigade Sports Complex, O-Course, E-Course, and Golf Course. Midshipmen may not utilize any non-physical fitness related facilities on the

Naval Station, to include but not limited to, the Commissary, NEX, gas station, barber shop, NFCU, Subway, and package store.

- c. Not stop or enter any home or establishment for any purpose other than to use the restroom facilities.
- d. Conduct workouts between sunrise and sunset.
- e. Only run, walk, bicycle, or ride in a motorized vehicle to commute between the Yard and other authorized areas.
- f. Not wear backpacks (hydration packs or weighted packs acceptable).
- g. In harsh weather conditions, wear appropriate USNA cold weather gear.

3. Club Sports and Varsity Sports are authorized to conduct workouts off the yard when directed by their Coach, as a team during their team practice times. Each member must wear team-approved workout gear, including cold weather gear, in a professional manner.

4. Midshipmen on duty may conduct workouts off the yard for no longer than two hours, provided they have approval from and have signed out with the appropriate authority.

1.7 MIDSHIPMAN ACTIVITY PERIOD

- 1. Midshipman Activity Period shall be reserved for ECAs, club sports meetings, voluntary academic events, and CRAs.
- 2. The Commandant must approve other events scheduled during this period.

1.8 STUDY PERIOD

- 1. 1/C and 2/C shall observe study period Sunday through Thursday. 3/C and 4/C shall observe study period Sunday through Friday.
- 2. Midshipmen shall be in one of the following locations during study period:
 - a. Their own room.
 - b. Another Midshipman's room obtaining or providing academic assistance.
 - c. The library or an academic building.
 - d. On watch.
 - e. The wardroom (1/C and 2/C only).
 - f. Drydock (1/C sit down or take-out M-R, 2/C take-out only M-R, 3/C and 4/C take-out only M-F; in regulation Blue and Gold Jogging Suits).
 - g. Steerage (1/C, 2/C, and 3/C in Navy/Marine Corps related PT gear).

h. At a sporting event in the Yard if academically SAT and with squad leader approval.

3. Midshipmen shall not play loud music or have loud conversations in the passageways.

4. Midshipmen on duty shall sign out before leaving company area.

5. 1/C, 2/C, and 3/C shall not enter a 4/C room unless providing academic assistance.

6. 4/C Midshipmen shall not use personal cell phones during study hour.

1.9 TAPS AND LATE LIGHTS

1. Taps accountability will be conducted at 2400 every night by the Company Duty Officer (CDO).

2. Midshipmen shall:

a. Be physically present in their rooms for taps.

b. Remain in company area after taps unless authorized to depart by the Company Duty Officer. If authorized to depart, Midshipmen must sign the accountability log immediately upon departure and return.

c. Remain in Bancroft Hall after taps.

3. Fourth-class Midshipmen may:

a. Have late lights until 2400 if approved by squad leader.

b. Retire before 2200 only when authorized by squad leader.

4. It is the responsibility of each individual Midshipman to sign taps before the appointed time and to ensure that the CDO has accounted for him/her.

1.10 BLUE AND GOLD

1. Blue and Gold may be held in company areas no earlier than 2245 on Sundays and one other day of the week. Blue and Gold should be positive in nature and should consist of a recap of past events, a look at upcoming events, and motivation of the 4/C.

2. Blue and Gold may not be longer than 15 minutes and must be concluded prior to 2300.

3. Blue and Gold is mandatory for 4/C on Sunday evenings.

1.11 SATURDAY MORNING TRAINING (SMT)

1. SMT should focus on the moral, mental, and physical development of Midshipmen into leaders of character, with the ability to influence people by

providing ethical purpose, direction, and motivation. SMT will be conducted in a professional manner.

2. SMT is mandatory for 3/C and 4/C, IAW the table of priorities. 1/C and 2/C will attend SMT when in a duty status.

3. 3/C and 4/C may have different SMT activities.

1.12 LIBERTY

1. Not in a liberty status

a. All Midshipmen may conduct individual workouts on or off the yard (off-yard from sunrise to sunset only), visit areas on the yard, and attend sporting events on the yard from 0545-2000, not to interfere with military obligations or mandatory events, as per the table of priorities.

b. Midshipmen will not depart the yard, except to conduct an individual workout as per section 1.6 above. Midshipmen will not visit a sponsor's home on the Naval Academy complex.

2. Town Liberty

a. Schedule: Town liberty will be authorized as per the schedule below or when the last military obligation is completed, whichever is later.

Class	Day	Commences	Expires
1/C	Friday	LMO/NET 1300	2400
	Saturday	0800	2400
	Sunday	0800	1800
2/C	Friday	1830	2400
	Saturday	0800	2400
	Sunday	0800	1800
3/C	Saturday	1200	2400
	Sunday	0800	1800
4/C	Saturday	1200	2400

b. Regulations

(1) Uniform:

(a) Midshipmen may not depart on or return from liberty in any uniform other than prescribed liberty attire. Midshipmen are not authorized to wear regulation PE gear or Blue and Gold Jogging Suits on liberty.

(b) 1/C and 2/C may wear authorized civilian attire per COMDTMIDNINST 1020.3B on Friday, Saturday, and Sunday while on liberty.

(c) 3/C will wear uniform of the day for town liberty. 3/C may wear civilian clothes only when outside the tri-city area and on weekend.

3/C will not depart/return from liberty in civilian clothes, even if they are leaving the tri-city area.

(d) 4/C will wear uniform of the day for town liberty.

(2) 4/C shall remain within the tri-city metropolitan area (Baltimore, Washington, Annapolis) during town liberty. 4/C must submit a special request chit and ORM worksheet to their Company Officer/SEL in order to request liberty outside the tri-city area.

(3) When on town liberty, 4/C may:

(a) Play computer games.

(b) Use self-service laundry.

(c) Utilize racks.

(4) On Sunday between 0800 and 1300, 4/C may:

(a) Utilize racks.

(b) Attend Sunday morning worship services in town with an approved chit from their Company Officer. They shall proceed immediately to worship and return immediately after worship.

3. Weekend Liberty

a. Eligibility requirements:

(1) CQPR and SQPR of 2.0 or better based on the most recent 6-week, 12-week or final semester grades.

(2) No academic grades of "F" or more than one "D" based on the most recent 6-week, 12-week or final semester grades. QPR changes due to summer school do not affect weekend eligibility for fall semester.

(3) Not on Aptitude, Honor, or Conduct probation.

(4) Not unsatisfactory in Conduct until approved by the Battalion Officer.

(5) Not in any deficiency status (True Failure, Marking Office Failure, Incomplete) as reported by the Company Deficiency Report. Company Officers may grant exceptions for incompletes.

(6) Passed the most recent physical readiness test. A Midshipman who fails the initial Brigade PRT will not be eligible for weekends until he/she passes a remedial PRT administered by the PE Department.

(7) Not in Weight Control Category V. Exceptions will be made by the Company Officer based on progress and recommendations by the PE Department Weight Control Officer.

b. Midshipmen shall request weekend liberty by signing the weekend list. Midshipmen will not depart on weekend liberty prior to receiving approval from the company officer.

c. Weekend liberty will be authorized as per the schedule below or when the last military obligation is complete, whichever is later. Plebes are not authorized weekend liberty.

Class	Day	Commences	Expires
1/C	Friday Sunday	LMO/NET 1300	1800
2/C	Friday Sunday	1830	1800
3/C	Saturday Sunday	1200	1800
4/C	Saturday	N/A	N/A

d. All Midshipmen must gain approval through a special request chit and ORM from the Company Officer if leaving a 100-mile radius.

e. Weekends allotted per semester:

1/C: 8	2/C: 6	3/C: 3	4/C: 0
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f. Two additional weekends will be awarded to upper-class Midshipmen who are members of the Color Company, on the Superintendent's list, on the Commandant's list, on the Dean's list, or achieve a perfect PRT.

g. Midshipmen shall return to a duty status for military obligations falling between authorized commencement and expiration of weekend liberty, including home football games (from march-on until the singing of "Navy Blue and Gold").

4. Holidays:

a. When Friday is a holiday, Thursday will follow the normal Friday routine and Friday will follow the normal Saturday routine.

b. When Monday is a holiday, all Midshipmen are authorized town liberty on Sunday from 0800-2400. Monday will follow the normal Sunday routine.

5. Weekday liberty. 1/C on the Superintendent's List, those that have attained the rank of MIDN LCDR and above, Company Commanders, and in-season team captains will be granted weekday liberty on a not-to-interfere basis with other military obligations. Town liberty will be granted Tuesday and Thursday evenings starting after evening meal formation and ending at 2300. The uniform for town liberty will be the uniform of the day.

1.13 ROUTINE FOR VOLUNTARY GRADUATE EDUCATION PROGRAM (VGEP) MIDSHIPMEN

1. Midshipmen participating in VGEP are enrolled in graduate education programs at local universities. VGEP is a privilege and is not intended to take priority over military education and preparation for Naval Service.

2. VGEP Midshipmen will coordinate their schedules with their Company Officer prior to the beginning of their graduate programs. Schedules will allow VGEP Midshipmen to attend class, conduct research, use university libraries, write papers, study for exams, and participate in seminars and other activities related to the successful completion of their master's degree program.

3. VGEP Midshipmen may:

a. Be excused from military obligations that conflict with specific VGEP responsibilities.

b. Wear civilian clothes to VGEP classes.

c. Take leave with their civilian university counterparts if it does not conflict with other Midshipman duties.

4. VGEP Midshipmen will:

a. Muster with the company if not participating in VGEP activities and at least once per day.

b. Inform the OOW and company CDO if they will be required to miss TAPS.

c. Participate in drill, parades, and intramural sports on a not-to-interfere basis with their VGEP academic schedule.

d. Perform military responsibilities and stand watch on a not-to-interfere basis with their VGEP academic schedule.

e. Participate in physical education courses.

f. Contact the accounting branch of the Midshipman Food Services Division to coordinate reimbursement for missed meals.

CHAPTER 2: TABLE OF PRIORITIES

2.1 TABLE OF PRIORITIES

1. Every Midshipman's priorities are as follows:

a. Orders to report to the Superintendent, Commandant, Deputy Commandant, Academic Dean, Provost, or Officer of the Watch. This includes appearing before Academic Boards, Academic Advisory Boards, Commandant Honor Hearings, Brigade Aptitude Boards, Brigade Striper Boards, and Conduct Hearings for major offenses.

b. Orders to report to Battalion Officer, Company Officer, or Senior Enlisted Leader.

c. Watch. The only watchstanders permitted to miss class are standing MOOWs, RMOOWs, CMOOWs and Duty Drivers. All Midshipmen will make every effort to attend class and watchbills will be written so that no Midshipman misses a scheduled exam.

d. Authorized scheduled medical and dental appointments outside USNA, or appointments at USNA with outside specialists. Final exams shall not be missed for elective procedures.

e. Scheduled pre-commissioning physicals.

f. Mandatory formations and meals.

g. Regularly scheduled examinations of the academic departments.

h. Scheduled class attendance, scheduled labs, scheduled physical education tests, and the PRT.

i. Mandatory events, such as career information briefs, Forrestal lectures, Company Officer training, and Saturday Morning Training.

j. Battalion level striper boards, aptitude boards, honor hearings, and conduct hearings for minor offenses.

k. Scheduled team practices and meetings per COMDTMIDNNOTE 1710. This includes only organized, scheduled, coach-run team workouts, and not individual workouts or captain's practices.

l. Drill, parades, march-ons and other mandatory events noted in the POD.

m. Remedial PE sessions and Weight Control Program Weigh-ins.

n. Tours and restriction musters.

o. Intramurals.

p. Scheduled meetings with an academic advisor or scheduled extra instruction with instructors.

q. Varsity, Club "A" and junior varsity activities other than scheduled practice or competitions.

r. Club "B" and intramural activities other than scheduled practice or competitions.

s. Sick call (non-emergency medical treatment), scheduled medical and dental appointments, and physical therapy.

t. Extracurricular activities.

u. Liberty.

2. Midshipmen shall:

a. Consult with a cognizant senior in their chain of command for guidance in resolving conflicts.

b. Inform all parties in advance if an obligation is overruled by a higher priority.

2.2 SPECIAL REQUESTS

1. The right of any Midshipman to make a special request of their organizational superiors may not be denied or restricted. If a Midshipman feels that special circumstances warrant an exception to any regulation or directive, that Midshipman may submit a special request to an approval authority to obtain relaxation or modification of the regulation.

a. Requests will be forwarded promptly through the chain of command to the appropriate level for decision. When appropriate, the reason should be stated when a request is not approved or recommended.

b. No person will, through intent or neglect, fail to act on or forward promptly any request or appeal which is his/her duty to act on or forward.

c. Requests for exchange of duty will be made only between Midshipmen fully qualified to stand each other's watches. Exchanges of duty will be made for at least one full day.

d. A special request chit must be submitted at least three working days prior to the request. If action by the Commandant or the Deputy Commandant is required, the request should be submitted at least seven working days in advance.

e. Midshipmen shall not act on a special request until they have approval as required below.

2. Approval Authority

a. Commandant

(1) Use of alcohol at any Naval Academy sponsored event. Requestors must complete the alcohol and drug education officer's checklist before submitting requests to be included with request package.

(2) Any outside employment.

b. Deputy Commandant. Change of company for a Midshipman.

c. Battalion Officer

(1) Emergency leave requests.

(2) Special leave requests up to 96 hours.

(3) Regular OCONUS leave requests.

(4) Convalescent leave outside Bancroft Hall.

(5) Excusals from any mandatory Brigade or Battalion level event, to include but not limited to football games, Distinguished Artist Series, Forrestal Lectures, and Battalion Spirit Nights.

(6) Participation in inherently hazardous activities.

(7) Replacement of a lost/stolen ID Card (second offense).

d. Officer of the Watch

(1) Emergency leave request chits during non-working hours.

(2) Cutting locks in seventh and eighth wing locker spaces.

e. Company Officer and Senior Enlisted Leader

(1) Missing class.

(2) Endorsement to miss a regularly scheduled examination during end of semester or academic reserve periods.

(3) Missing taps and liberty extensions up to 12 hours.

(4) Special town liberty, including liberty for 4/C to attend religious services at a house of worship located within the tri-city metropolitan area.

(5) Excusal from military evolutions, including swimming and PE remedials, parades, restriction musters, intramurals, and formations.

(6) Exceptions to weekend eligibility requirements.

(7) Guests of individual Midshipmen to dine in King Hall (O-5 and below).

(8) Authorization to reside in Bancroft Hall during leave periods.

(9) Regular INCONUS leave requests.

(10) Attendance at sporting events off the yard during non-liberty hours (SAT 1/C, 2/C, and 3/C only).

(11) Replacement of a lost/stolen ID Card (first offense).

(12) Conduct of spirit missions or recons.

(13) Wearing Navy/USMC related technical PT gear for endurance sports when working out off the yard.

f. Company Commander

(1) Workout times earlier than 0545 for company personnel on an individual basis.

(2) Sign-in formations if meals are rolling tray.

(3) Reservation of the company wardroom for events or meetings.

g. Squad Leader

(1) Late lights for 4/C in squad.

(2) Early lights before 2200 for 4/C in squad.

(3) Carry-on for squad at meals.

2.3 MOVEMENT ORDERS AND EXCUSALS

1. An excusal must be submitted to allow Midshipmen to miss normally scheduled events in order to attend other events happening on the Yard.

2. A movement order must be submitted to allow Midshipmen to miss normally scheduled events in order to attend other events off the Naval Academy, even during normal liberty time.

a. Movement orders consider the "Naval Academy" to be the USNA Yard, the Naval Station, David Taylor Research Center and Navy-Marine Corps Memorial Stadium.

b. Movement orders may be created by anyone on the yard but must be requested eight or more days prior to the proceed date. When the request is less than eight days before the proceed date, the Logistics Officer must be contacted directly.

3. Midshipmen shall not depart on movement order or participate in an excusal prior to attaining approval from the appropriate approval authorities.

4. If an excusal or movement order has a priority level of "standard" or "medium," then a request to miss class chit must be signed by all relevant instructors and submitted to the Company Officer.

CHAPTER 3: INTERPERSONAL CONDUCT

3.1 GENERAL GUIDANCE

1. The Navy has historically relied upon custom and tradition to define the bounds of acceptable personal relationships among its members and with those outside of the military. As such, the bounds of acceptable interaction can be unclear at times. Midshipmen will conduct themselves with the utmost of professionalism in all interpersonal interactions in all settings and at all times.

2. When in doubt, a Midshipman should consult his/her chain of command, a chaplain, or a trusted mentor for further guidance on acceptable interpersonal interactions.

3.2 HAZING

1. Hazing is, "unauthorized assumption of authority by a Midshipman whereby another Midshipman suffers or is exposed to any cruelty, indignity, humiliation, hardship or oppression, or the deprivation or abridgment of any right." While hazing is more probable by a senior against a subordinate, it may also occur among peers or even by subordinates against seniors. Hazing is prohibited and will not be tolerated.

2. Regulations regarding hazing:

a. No Midshipman may engage in hazing or consent to acts of hazing being committed upon them.

b. No Midshipman, regardless of billet or rank, may condone or ignore hazing if they know or reasonably should have known that hazing may or did occur. Every Midshipman has the responsibility to make the appropriate authorities aware of any hazing incidents.

c. Reprisal actions against any victim or witness of hazing incidents are strictly prohibited.

d. Physical abuse or harassment will not be tolerated in any form. Physical contact is allowed with the 4/C only as necessary for training purposes. No amount of physical force is condoned or will be tolerated.

e. Midshipmen in authority positions over other Midshipmen will follow only practices that would be reasonably and lawfully acceptable for use in the Fleet. All practices should be readily defensible with appropriate rationale to the parents of subordinates or other interested constituencies.

3.3 DISCRIMINATION

1. Discrimination is any act or failure to act that is based in whole or in part on a person's race, color, religion, sex, or national origin and adversely affects privileges, benefits, dignity, working conditions, or treatment in employment conditions in past or present. Discrimination is prohibited and will not be tolerated.

2. Regulations regarding discrimination:

- a. Midshipmen will neither individually or collectively discriminate against another individual or group.
- b. Midshipmen will not take reprisal action against a person who provides information on an incident of alleged unlawful discrimination. Reprisals are prohibited regardless of who originates the reprisal action.
- c. Midshipmen will not knowingly make a false accusation of unlawful discrimination.
- d. Midshipmen will not condone or ignore discrimination of which he or she has knowledge or has reason to have knowledge.

3.4 SEXUAL HARASSMENT

1. Sexual harassment is defined as, "a form of sex discrimination that involves unwelcome sexual advances, requests for sexual favors, and other verbal, visual or physical conduct of a sexual nature when:

- a. Submission to such conduct is made either explicitly or implicitly a term or condition of a person's job, pay or career;
- b. Submission to or rejection of such conduct by a person is used as a basis for career or employment decisions affecting that person;
- c. Such conduct has the purpose or effect of unreasonably interfering with an individual's performance or creating an intimidating, hostile, or offensive environment." At the Naval Academy, the work environment is an expansive term and refers to every location on and off the yard, 24 hours a day.

2. Regulations regarding sexual harassment:

- a. Midshipmen will not commit sexual harassment as defined above.
- b. Midshipmen will not take reprisal action against a person who provides information on an incident of alleged sexual harassment.
- c. Midshipmen will not knowingly make a false accusation of sexual harassment.
- d. Midshipmen will not condone or ignore sexual harassment of which he or she has knowledge or has reason to have knowledge.

3.5 FRATERNIZATION

1. Fraternization refers to personal relationships that are prejudicial to good order and discipline or of a nature to bring discredit on the naval service, or those that violate the customary bounds of acceptable senior-subordinate relationships. Fraternization is a gender-neutral concept.
2. Circumstances prejudicial to good order and discipline are those that call into question a senior's objectivity, result in actual or apparent

preferential treatment, undermine the authority of a senior, or compromise the chain of command.

3. Midshipmen on summer training will adhere to the specific fraternization policies of their assigned units.

4. Collective terms associated with fraternization apply equally to personnel of foreign military services.

3.6 UPPER CLASS-4/C RELATIONSHIP

1. Due to the unique training environment of the Naval Academy and the essential leadership role upper-class Midshipmen hold in educating and training 4/C Midshipmen, upper-class and 4/C Midshipmen have a senior-subordinate relationship which must be respected and protected.

2. These regulations apply to all upper class-4/C relationships, regardless of how or when a relationship began (e.g., prior relationships are not exempt).

3. Upper-class Midshipmen shall maintain a proper professional relationship with 4/C.

4. Upper-class Midshipmen shall not:

- a. Attempt to personally degrade or humiliate 4/C Midshipmen.
- b. Date, have sexual relations, or otherwise fraternize with 4/C Midshipmen.
- c. Request or direct 4/C Midshipmen to perform personal services.
- d. Impose any informal or unauthorized punishment.
- e. Touch a 4/C Midshipman for any purpose other than correcting or adjusting a uniform, drill or rifle position, or as necessary for other legitimate training purposes.
- f. Borrow anything from a 4/C Midshipman.
- g. Conduct activities with a 4/C Midshipman before reveille unless specifically approved for training purposes.
- h. Direct a 4/C Midshipman to write letters as a prank.
- i. Enter a 4/C Midshipman's room during study period for any reason other than to provide academic assistance.
- j. Invite a 4/C Midshipman to enter an upper-class room.
- k. Use any real-time electronic communication with a fourth-class Midshipman for any reason at any time. This includes, but is not limited to, instant messaging, chat rooms, social networking sites, texting, or any comparable mode of communication.

3.7 MIDSHIPMEN-USNA STAFF PERSONNEL RELATIONSHIP

1. Unduly familiar personal relationships between Midshipmen and active duty or civilian faculty or staff members that do not respect differences in grade, rank, position of authority, or the staff/student relationship and are prejudicial to good order and discipline are prohibited.

2. Midshipmen dealings with DOD police and Navy Security personnel shall be limited to:

a. Promptly reporting any unlawful acts and acts that pose a physical danger to others. Acts of Midshipmen that are prejudicial to the maintenance of good order and discipline should be reported to the Officer of the Watch.

b. Reporting the presence of any unidentified person found in Bancroft Hall in areas under the responsibility of a CMOD.

c. Responding to questions or commands of USNA security personnel when those personnel are in the performance of their assigned duties.

d. Obeying lawful orders given by security personnel.

3. Midshipmen shall not employ the personal services of building attendants.

3.8 MIDSHIPMEN-ENLISTED PERSONNEL RELATIONSHIP

1. Personal relationships between Midshipmen and enlisted members that are unduly familiar because they do not respect differences in grade, rank, or position of authority and are prejudicial to good order and discipline are prohibited.

2. Midshipmen shall:

a. Obey lawful orders given by enlisted personnel acting as instructors.

b. Maintain a proper professional relationship with enlisted members at all times.

3. Midshipmen shall not date, have sexual relations, or otherwise fraternize with enlisted personnel.

4. There is no exception to this regulation in the case of pre-existing relationships prior to entry to the Naval Academy.

5. Midshipmen may have enlisted members act as their sponsors under the Plebe Sponsor Program.

3.9 MIDSHIPMAN-OFFICER RELATIONSHIP. Personal relationships between Midshipmen and officers that are unduly familiar because they do not respect differences in grade, rank, or position of authority and are prejudicial to good order and discipline are prohibited. Midshipmen shall not date, have sexual relations, or otherwise fraternize with commissioned officers, with the following exception: 1/C and 2/C Midshipmen may maintain preexisting close personal relationships with newly commissioned officers, unless the

officer is in the Midshipman's chain-of-command, provided the relationship was initially established when both parties were Midshipmen.

3.10 MIDSHIPMAN-MIDSHIPMAN RELATIONSHIP AND CONTACT

1. Unduly familiar personal relationships between Midshipmen in the same company are prohibited when prejudicial to good order and discipline or of a nature to bring discredit on the naval service.
2. Any Midshipman who desires to engage in an interpersonal relationship with another Midshipman in the same company shall request transfer to another company and shall affect such a transfer prior to engaging in such a relationship.
3. Sexual misconduct is defined as sexual acts at the Naval Academy or other areas or locations under military control (i.e., ships or aircraft), as well as acts committed under circumstances that are service discrediting or prejudicial to good order and discipline.
4. Sexual misconduct includes, but is not limited to, any actions of a sexual nature that would reasonably excite or satisfy the sexual desires of the actor. Examples include kissing, touching, sexual intercourse, sexually motivated nudity, and indecent sexual acts including indecent exposure and homosexual acts. The requirements listed below in paragraph 6 are gender neutral and are considered equally inappropriate between members of the opposite sex as well as members of the same sex.
5. Midshipmen shall:
 - a. Report any incident involving sexual misconduct.
 - b. Keep the door to the room fully open, with the lights on when a member of the opposite sex is in the room.
6. Midshipmen shall not:
 - a. Engage in sexual misconduct.
 - b. Hold hands while in uniform.
 - c. Exchange backrubs at USNA or while in uniform.
 - d. Sit or lay on the same bed at USNA.
 - e. Display inappropriate affection in public.

CHAPTER 4: PERSONAL CONDUCT

4.1 FINANCIAL ACTIVITIES

1. Midshipmen will not, without proper authority, either for themselves or as agents, engage in any business activity, financial dealing, or introduce any article for purpose of trade within the limits of the Naval Academy. Specifically, Midshipmen will not:

a. Engage in any business or commercial financial activity on Naval Academy grounds.

b. Participate in any business or financial activity or represent any company that attempts to benefit or generate profit from interacting with members of the Brigade of Midshipmen.

c. Except as provided by the Joint Ethics Manual, solicit contributions for gifts to a superior or accept gifts from other persons in government employment. Voluntary gifts of nominal value may be made on a special occasion such as marriage, illness, or retirement.

d. Use government owned equipment or IT resources for commercial or profit-making activity.

2. Midshipmen shall be in an authorized leave status and obtain written permission from the Commandant to seek or hold formal outside employment. The following types of employment are specifically prohibited:

a. Discrediting to the Naval Academy or the Naval service.

b. Involving the solicitation of life insurance, mutual funds and other investment plans, commodities and services with or without compensation.

c. Involving an organization involved in a strike or lockout.

d. Involving employment by an entity doing business or seeking to do business with the U.S. government.

3. Midshipman may not gamble for money with playing cards, dice, or other apparatus or methods, in violation of local, state, or federal laws.

4. Midshipmen may not incur outstanding debts when there is no reasonable expectation of repaying them.

5. Midshipmen may not enter into any lease agreement prior to the first day of classes following spring break of 1/C year. Housing may only be leased for future occupancy during TAD assignment after graduation, and the date of occupancy may not precede the Midshipman's authorized move-out day.

4.2 VEHICLES AND OTHER PERSONAL POSSESSIONS

1. With regards to the ownership, use, and storage of automobiles:

a. 1/C Midshipmen may:

(1) Own, operate, and maintain an automobile within the Yard, provided they register their vehicles at the Pass and Tag Office and display class stickers as well as registration decals per DOD and USNA regulations.

(2) Park in a paid parking facility, on private property if given permission by owner, at the Navy-Marine Corps Stadium or on the Naval Support Activity Complex if authorized, or on the Yard in properly marked 1/C parking spots.

b. 2/C Midshipmen may:

(1) Own and operate a personal vehicle in the Annapolis area.

(2) Park in a paid parking facility, on private property if given permission by owner, or at the Navy-Marine Corps Stadium or on the Naval Support Activity Complex if authorized.

(3) Not drive a vehicle on the Yard.

c. 3/C Midshipmen may:

(1) Operate a vehicle during leave periods, but not drive on the Yard.

(2) Not own or maintain an automobile within 22 miles of the Chapel dome. If a 3/C Midshipman's home of record is within 22 miles of the Chapel dome and the Midshipman owns a vehicle, then that Midshipman may own and maintain that vehicle but shall not operate it unless in an authorized leave status.

d. 4/C Midshipmen may:

(1) Operate a vehicle during leave periods, but not drive on the Yard.

(2) Ride in personal vehicles with Naval Academy staff or faculty, or official adult sponsors.

(3) Ride in personal vehicles during leave periods or when escorting guests to an official Naval Academy function.

(4) Not ride in personal vehicles with Midshipmen driving except with 1/C Midshipmen to go to their sponsors' house, to the Annapolis Mall, or to the Annapolis Harbour Center, or with Company Officer permission.

(5) Not own or maintain an automobile within 22 miles of the Chapel dome. If a 4/C Midshipman's home of record is within 22 miles of the Chapel dome and the Midshipman owns a vehicle, then that Midshipman may own and maintain that vehicle but shall only operate it if in an authorized leave status.

2. With regards to the ownership, use, and storage of other forms of transportation:

- a. All Midshipmen may:
 - (1) Own a bicycle, but only store it in designated storage areas.
 - (2) Use public transportation.
 - (3) Operate or ride in government vehicles for official business.
 - b. No Midshipman may own, operate, or ride a motorcycle, moped, or motor driven bicycle.
3. No Midshipman may have in his/her possession or bring into Bancroft Hall any animals, birds, reptiles, or fish, for any purpose whatever.
4. With regards to the use of media, 4/C shall:
- a. Not own or use electronic media.
 - b. Not use computers to function as a stereo, television, or any other entertainment except for playing computer games during authorized liberty times.
 - c. Be permitted headphones and media with approval from their Company Training Officer for academic purposes only.
 - d. Be allowed to view official programming from MSC or NADN when directed.

4.3 CONTROLLED SUBSTANCES

1. Regarding the use of alcohol:
- a. Midshipmen will use alcohol responsibly and abide by all federal, state, and local laws. Midshipmen of legal drinking age (21) may:
 - (1) If an upper-class, consume alcohol at the Officers and Faculty Club, at the Firstie Club (1/C only), or as a guest at a staff or faculty residence.
 - (2) If an upper-class, purchase and consume alcoholic beverages as permitted under federal, state, and local laws.
 - (3) If a 4/C, consume alcohol when in an authorized leave status and not residing in Bancroft Hall.
 - b. Midshipmen will not:
 - (1) Provide alcohol to a 4/C Midshipman or any Midshipmen under the legal drinking age.
 - (2) Report to a military obligation under the influence of alcohol.
 - (3) Consume alcohol while on duty or on watch.

(4) Consume alcohol less than 12 hours prior to assuming duty or attending mandatory brigade events. Midshipmen must be free from the effects of alcohol prior to commencing a duty status.

(5) Consume alcohol on board the Naval Academy complex except as noted above in sec 4.3.1a(1).

(6) Consume alcohol at any USNA sponsored event except with the Commandant's written permission or, in the case of company tailgaters at home football games, the Battalion Officer's permission.

(7) Engage in risky drinking, which includes drinking alcohol to excess of a .08 BAC.

2. Regarding the use of drugs and narcotics:

a. The unauthorized use, possession, or willful involvement with drugs, narcotics, marijuana, or steroids constitutes a serious breach of discipline. Any of these offenses will result in mandatory processing for separation from the Naval Academy and could result in subsequent action by appropriate civilian authority. Midshipmen may not:

(1) Possess, abuse, or distribute drugs or drug-abuse paraphernalia, to include using a hookah on the yard.

(2) Use or possess narcotics, steroids, or controlled substances except as prescribed by a competent medical authority of the U.S. armed forces.

(3) Use or possess any prescription drug after the time period for which it was prescribed.

(4) Use medicine prescribed for another individual.

b. If anyone other than a physician assigned to Brigade Medical prescribes medicine to a Midshipman at any time, the Midshipman shall report the prescription to the Brigade Medical Officer as soon as possible.

3. Regarding the use of tobacco products:

a. Midshipmen may only smoke in designated smoking areas while on the Naval Academy complex. The only authorized areas for Midshipmen to smoke are:

(1) Designated smoking area (benches and butt can) behind Bancroft Hall Seventh Wing.

(2) Designated smoking area (bench and butt can) behind Bancroft Hall Eighth Wing.

(3) Designated smoking area (bench and butt can) behind the Levy Center.

(4) Designated smoking stations adjacent to Michelson and Chauvenet Halls (along Ingram track).

b. Midshipmen will not smoke in other (staff) designated smoking areas on the Yard, including:

(1) Luce Hall Loading Dock (Wesley Brown Field House side).

(2) Dahlgren Hall Loading Dock (behind Dry Dock).

(3) Any Bancroft Hall Loading Dock.

(4) Any are in the red brick or "courtyard" areas surrounding King Hall between Bancroft Hall Wings 3/5 and 4/6.

c. Midshipmen may not chew tobacco in uniform.

4.4 LEAVE PROCEDURES

1. INCONUS Regular Leave

a. Midshipmen will ordinarily be authorized leave during summer, Thanksgiving holiday, winter holidays, spring break, and at other times designated by the Commandant of Midshipmen.

b. All Midshipmen going on leave must:

(1) Submit a leave chit and an Operational Risk Management worksheet no less than one week prior to the start of leave.

(2) Update leave address information in the Midshipman Information Database System (MIDS) two days prior to the start of leave.

(3) Not depart until after last military obligation, including exams and class periods.

(4) Sign out in the leave log maintained by the company mate of the deck directly before departure on leave.

(5) Possess a copy of his/her leave chit at all times while in a leave status.

(6) Schedule airline flights to arrive at Baltimore Washington International, Dulles, or Reagan airports at least four hours prior to leave expiration.

(7) Have sufficient funds available to purchase commercial airline tickets if using military flights during the leave period.

(8) Inform the Company Officer, Senior Enlisted Leader, or the OOW if he/she encounters a problem while on leave or if requesting to return late from leave.

(9) 3/C and 4/C Midshipmen shall not wear civilian clothes on the USNA complex during leave periods.

2. OUTCONUS Regular Leave

a. Midshipmen who desire to leave the continental limits of the United States must submit a "Permission to Leave CONUS" form from MIDPERS prior to departure on leave.

b. Prior to taking leave outside the continental limits of the United States, Midshipmen must meet all requirements specified by MIDPERS per regulations and directives dictating overseas travel for service members, including immunizations and AT/FP training.

c. Midshipmen must gain approval from the Battalion Officer before departure.

3. Residing in Bancroft Hall

a. Midshipmen may occupy their normally assigned room if they desire to remain at USNA during a leave period.

b. Midshipmen who remain in their rooms are required to inform their Company Officer/SEL and muster for taps according to the policies published for that leave period.

4. Emergency Leave

a. When an emergency, such as the serious illness or death, affects a Midshipman's immediate family, the Midshipmen will be entitled to emergency leave.

b. Immediate family is defined as the member's father, mother, brother, sister, guardian, or relative standing in loco parentis. In loco parentis is defined as a person who stood in place of a parent to the service member 24 hours a day for at least five years before the service member became 21 years old or entered military service.

c. The Battalion Officer, or the OOW if outside working hours, must authorize emergency leave. Emergency leave will normally only authorize a Midshipman to miss up to three days of class.

5. Special Leave

a. Special leave may be authorized to attend funerals of family friends or relatives and other important family events and functions that are not considered emergencies.

b. Special leave requests will only authorize a Midshipman to miss up to three days of class.

6. Convalescent Leave

a. Midshipmen shall normally reside in Bancroft Hall during the recovery period from illness or surgery. If a doctor recommends a Midshipman be put on convalescent leave, then that Midshipman shall seek authorization from the chain of command and not take leave until authorization is granted. A Midshipman's company officer retains final authority for convalescent leave taken inside Bancroft Hall.

b. Convalescent leave may be taken outside of Bancroft Hall only if the Midshipman will be residing under the care of a parent or legal guardian and with the approval of the Battalion Officer. Convalescent leave outside of Bancroft Hall is the exception, not the norm.

c. If a Midshipman cannot get into or out of a standard rack, then that Midshipman shall be allowed to place his/her rack on the floor.

4.5 PHYSICAL FITNESS

1. Midshipmen shall participate in at least one varsity, club, or intramural sport during each academic semester.

2. Midshipmen must pass one official Physical Readiness Test (PRT) each academic semester. All personnel who fail the Fall/Spring PRT must attend Brigade Remedial workouts unless otherwise excused until achieving the standards outlined in DIRATHINST 6110.2.

3. Midshipmen shall attend mandatory remedial PT per this instruction and DIRATHINST 6110.2. Midshipmen who fail to attend will be reported as unauthorized absence via MIDS and be held accountable through the conduct system.

4. Midshipmen shall not become members, either regular or associate, or accept office in any intercollegiate athletic association, unless recommended by the Director of Athletics and the Commandant of Midshipmen and approved by the Superintendent.

4.6 PROFESSIONAL ETIQUETTE

1. With regards to the wearing of covers, Midshipmen shall:

a. Remain covered during indoor formations.

b. Remain covered while under arms.

c. Remain covered when outdoors, including while seated or eating.

d. In a vehicle, a cover is mandatory when entering or within a military reservation, unless wearing the cover is impractical or hazardous.

e. Remove covers indoors.

f. Remain covered when standing watch, except in Memorial Hall, areas where food is being served, and areas where religious services are being conducted.

g. Stow covers in an appropriate manner when proper stowage is provided, e.g., the cloakroom in Alumni Hall, coat hooks in academic buildings, the hat bins outside the USNA store.

2. With regards to offering salutes, Midshipmen shall render and return salutes and appropriate greetings as required by proper service etiquette. Exceptions to rendering salutes include:

a. At crowded gatherings or in congested areas, only a person addressing or being addressed by an officer who is senior to him or her shall render salutes.

b. Persons at work or otherwise engaged shall salute only when addressed by an officer senior to them and then only if circumstances warrant.

c. Persons in formation shall salute only on command of the detail leader.

d. Persons operating moving motor vehicles should not render or return salutes. Passengers will render and return salutes.

3. With regards to rendering honors and other signs of respect, all Midshipmen shall:

a. Call "Attention on deck," at first sight of any senior officer, O-5 or above anywhere in Bancroft Hall other than administrative spaces.

(1) If within sight or hearing of the call to attention, come to attention and carry on only when the order is given.

(2) If standing watch, following the call to attention, approach the officer, salute, and offer assistance.

b. Show deference to officers at all times by recognizing their presence and employing a courteous and respectful bearing and mode of speech toward them.

c. Come to attention, unless circumstances make such action impracticable or inappropriate, when:

(1) Addressed by a senior officer.

(2) An officer enters his/her room.

(3) An officer joins the mess.

(4) A professor, including both military and civilian, enters or departs the classroom.

d. Walk or ride on the left of officers whom they are accompanying.

4. While at official Naval Academy functions or lectures, Midshipmen will:
 - a. Sit in seats reserved for their particular company or billet.
 - b. Conduct themselves in an appropriate manner and not create disturbances.
 - c. Ask only questions appropriate to the rank of the speaker and the size of the audience.
 - d. Upon completion, remain at attention until the departure of the official party and distinguished guests.
5. While in uniform as a pedestrian, Midshipmen will not smoke, chew tobacco, eat, drink beverages, place hands in pockets, or publicly display affection.
6. Midshipmen will not walk on grass bordering academic and recreational buildings.
7. With regards to football games, Midshipmen will:
 - a. Attend all home football games and the Army-Navy football game.
 - b. Sit only in designated Brigade seating areas. Only 1/C Midshipmen who have purchased tickets to home games for their guests and themselves will be allowed to sit with their guests. Company Officers may approve requests from 2/C, 3/C and 4/C to sit with guests on a case-by-case basis.
 - c. Not bring visitors into the designated seating area.

4.7 REQUIRED READING

1. All Midshipmen shall read the Plan of the Day each day and are responsible for attending the mandatory events outlined therein.
2. All Midshipmen shall, within a reasonable period of time after returning for reform or assuming a new billet, read the following publications:
 - a. Midshipmen regulations
 - b. Uniform regulations
 - c. All instructions pertaining to their billet.
 - d. Administrative Performance and Conduct System Manual.

4.8 PHYSICAL APPEARANCE AND UNIFORMS

1. The Navy uniform should be a matter of personal pride to all Midshipmen and should be worn per COMDTMIDNINST 1020.3B at all times. Each member of the Naval service is a representative of the U.S. Government, and his/her dress and conduct should reflect credit upon oneself, the Naval Academy, the Naval service, and the country. Midshipmen are expected to be in an

inspection ready uniform at all times and are required to pass a weekly uniform inspection.

a. Uniforms will be kept scrupulously clean with all devices and insignia bright and free from tarnish and corrosion.

b. Hats, caps, and covers will be worn squarely on the head, bottom edge horizontal.

c. Shoes will be kept well-shined and in good repair. Leather shoes are expected for normal daily operations. CORFAM shoes may be worn in inclement weather or during dress parades.

2. At all times, Midshipmen shall not:

a. Wear frayed, torn, dirty, or otherwise mutilated clothing.

b. Wear any uniform in any manner other than that prescribed in COMDTMIDNINST 1020.3B.

c. Wear any article of a Navy uniform in a manner that would bring discredit to the Naval service.

d. Wear hair ornaments, cosmetics, rings, earrings, necklaces, wristwatches, and bracelets when in uniform, except as authorized by COMDTMIDNINST 1020.3B.

e. Have body alterations, tattoos, body art, brands, body piercings, or dental ornamentation located anywhere on the body that are prejudicial to good order, discipline, and morale, or are of a nature to bring discredit on the Naval Service. Body alternations that are obscene, sexually explicit, and/or advocate discrimination based on sex, race, religion, or ethnic origin, as well as any body alteration that symbolizes affiliation with gangs, supremacist or extremist groups or advocates illegal drug use, are prohibited. Midshipmen shall:

(1) Not acquire any type of body alteration.

(2) Keep covered all body alterations required to be removed until the removal process is complete.

(3) Keep covered all body alternations that have been waived by the Naval Academy Body Alteration Review Board, to include while in regulation PE gear or while representing the Naval Academy in athletic competition.

(4) If female, be allowed to have a single perforation of each earlobe.

f. Grow moustaches, beards, or other forms of facial hair. If a Midshipman is diagnosed with Pseudofolliculitis Barbae, he will comply with the following regulations:

(1) Keep in his possession an initial authorization not to shave from a physician, nurse practitioner, physician's assistant, or Independent Duty Corpsman only. This initial authorization will not exceed 90 days.

(2) Schedule reevaluations every thirty days to evaluate progress. If a Midshipman fails his third evaluation, he will be referred to a dermatologist. If the dermatologist determines that the Midshipman should not shave for an extended period of time (e.g., six months), he will advise the Brigade Medical Officer. The Brigade Medical Officer will advise the Commandant before the extended authorization is granted and will personally issue the authorization.

(3) Keep his beard uniform and not in excess of 1/4 inch in length. Midshipmen will not shave selected facial areas or manicure beard to any style. Beards will be trimmed by scissors or electric clippers.

(4) Be clean-shaven for any special occasions such as television interviews or appearances before boards.

g. Wear a yellow sweater bearing a black N.

3. Authorized uniform within Bancroft Hall is as follows: Unless otherwise designated, the only authorized uniforms for Midshipmen anywhere on the Yard are the Uniform of the Day, Working Uniform, or Regulation PE gear. Shower shoes are authorized inside Bancroft Hall with PE gear from 2200 until reveille. Wearing Navy-related, USMC-related, other USNA gear, or "Spirit Gear" presents a non-uniformed appearance and is not authorized anywhere outside Bancroft Hall (unless specifically approved for an evolution - see paragraph 1.6.2.a). "Spirit Gear" inside Bancroft Hall must be worn with shirt tucked in and with proper footwear. "Spirit Gear" must be Navy, USMC, or USNA related and be in similar style to regulation PE gear (e.g., tank tops or ripped clothing are not authorized). Teams with designated practice uniforms may wear the practice uniform to, during, and from practice only. Issued intramural uniforms are to be worn to, during, and from intramural games only. The "Brigade Intramural Champions" t-shirt awarded semi-annually to the company with the highest Brigade intramural standing may be worn in lieu of regulation PE gear during the semester following its presentation. Blue and Gold Jogging Suits will be worn to class ONLY when absolutely necessary for a physical injury (medical chit required).

4. After 1830 (Academic Year only), Midshipmen must wear Blue and Gold jogging suits or better when:

a. In the library or academic buildings.

b. Transiting T-Court, Stribling Walk, or ceremonial areas of the yard.

5. If in a liberty status but attending a non-mandatory recreational event on the yard, 1/C and 2/C may wear civilian attire.

6. If sunbathing, Midshipmen shall:

a. Wear only issued swim gear.

b. Use an appropriate bath towel. They shall not use mattresses, blankets, or pillows.

c. Sunbathe only on Hospital Point, and not to interfere with organized practices or personal workouts.

d. Midshipmen will not sunbathe, fish, or loiter on the rocky seawall along Rip Miller and Farragut Fields.

4.9 HONORS LISTS

1. Honors lists are published at the beginning of each semester. The list effective during the fall semester is based on grades earned during spring semester. Grades in the regular summer programs are included with the fall semester grades to determine the list effective during the spring semester. Summer work that is reported as incomplete because of hospitalization or other authorized reasons will not disqualify the Midshipman from these lists for which they are otherwise qualified. Courses taken in the summer academic remedial programs will not be included in the computation for the honors lists.

2. Midshipmen meeting the following criteria will be placed on the Superintendent's List and authorized to wear a gold star on his/her uniform.

- a. SQPR of at least 3.4 with no grade of D, F, or I in any course
- b. A in Conduct
- c. A in Aptitude
- d. A or B in PE
- e. A or B on the PRT

3. Midshipmen meeting the following criteria will be placed on the Commandant's List and authorized to wear a silver star on his/her uniform:

- a. SQPR of at least 2.9
- b. A in Conduct
- c. A or B in Aptitude
- d. A or B in PE
- e. A or B on the PRT.

4. Midshipmen meeting the following criteria and are not on the Superintendent's List will be placed on the Dean's List and authorized to wear a bronze star on his/her uniform.

- a. SQPR of at least 3.4 with no grade of D, F, or I in any course
- b. B in Conduct
- c. B in Aptitude
- d. C or better in PE
- e. C or better on the PRT

4.10 PARENTHOOD, MARRIAGE, AND PREGNANCY

1. Parenthood is defined as having legal, financial or custodial obligations for a child or children, as determined by court adjudication, self-admission, or other evidence. Any Midshipman who becomes pregnant, causes the pregnancy of another, or incurs the obligations of parenthood, must report the condition to their chain of command.

a. Midshipmen who become pregnant and choose not to resign will be allowed to go on a leave of absence of no more than one year.

b. Midshipmen who are pregnant or have incurred the obligations of parenthood and who fail to resign or request a leave of absence will be separated.

2. Midshipmen may not marry or be married.

CHAPTER 5: SAFETY AND SECURITY

5.1 MILITARY IDENTIFICATION CARDS

1. Military identification cards are the property of the U.S. government. Midshipmen will:

a. Maintain custody of their military identification card at all times and only surrender it to a proper authority for identification or investigation.

b. Visibly display their military identification card when in Bancroft Hall and on the Yard.

c. Report to MIDPERS to replace their military identification card when the condition deteriorates due to wear and tear.

d. Submit a special request chit to replace a lost or stolen military identification card to their company officer (first offense) or their battalion officer (second offense) and report to MIDPERS to replace it.

2. Midshipmen will not:

a. Have in their possession more than one properly validated military identification card.

b. Depart on leave or liberty without their properly validated identification card.

c. Alter their military identification card, or have in their possession a false or unauthorized identification card; or a mutilated, erased, or altered identification card; or an identification card bearing false or inaccurate information regarding a name, grade, service number, or date of birth.

d. Give or loan a military identification card or any other identification document to any unauthorized person.

e. Use or possess false identification of any kind.

5.2 GOVERNMENT OWNED PROPERTY

1. With regards to government owned property, Midshipmen will not:

a. Conceal or fail to report to proper authority the loss, removal, destruction, or damage of government property entrusted to his/her care or custody.

b. Remove without proper authority from its regular place of stowage or location any article of government property, including first aid equipment, life saving or emergency equipment, and stores and foodstuffs.

c. Have in his/her possession any article of government property except as may be necessary for the performance of his/her duty or as authorized by proper authority.

d. Place names, designs, or marks except for official identification on any items furnished by the government.

2. With regards to government owned vehicles, Midshipmen will:

a. Operate a government owned vehicle only when specifically designated to do so, and then only for official business.

b. Comply with all post, station, local, state, and federal directives.

c. Ride in government vehicles for official business only.

5.3 COMPUTER USE AND REGULATIONS

1. The Naval Academy has a wide variety of computer systems that Midshipmen, faculty, and staff are encouraged to use. Each user must assume responsibility to operate the computers within legal and ethical boundaries. Midshipmen shall:

a. Abide by all copyright laws extended to computer programs, software, and documentation. Federal regulations regarding the use of government property apply to computers, information systems, and Internet resources at USNA. Consideration must also be given to the Privacy Act of 1979 (Public Law 93-579) and the Freedom of Information Act, which govern the collection and dissemination of information on individuals.

b. Use their legal name, alpha code, or billet as a username login for all computer networks established on Naval Academy resources.

c. Safeguard files containing private information about individuals.

d. Keep a record of serial numbers for computer equipment.

e. Use web cameras in an appropriate manner and only while the owner is seated in front of the camera. Web cameras shall be turned off, unplugged, and stored when not in use.

2. Midshipmen shall not:

a. Generate, store, send, or forward obscene, questionable, frivolous, or illegal material via a government computer or network system.

b. Transfer, loan, or copy vendor-developed software on multi-user computers.

c. Install site-licensed software on systems not covered by the specific license agreement.

d. Use, access, alter, or copy another person's files, programs, or software without that person's express consent.

- e. Use government owned equipment or IT resources for commercial or profit-making activity.
- f. Trap or report user information without warning other users and giving the users the opportunity to leave the program before trapping begins.
- g. Loan user accounts.
- h. Deliberately alter or disrupt system performance.
- i. Violate network security systems or break into or attempt to break into computer systems to which access is normally denied.
- j. Intentionally sabotage, intercept, modify, or illegally monitor network or PC performance.
- k. Obtain or distribute illegal copies of music or video files.
- l. Establish or use personal computers as servers with accessibility outside of the USNA.
- m. Connect an Apple computer to any network.

5.4 PERSONAL SECURITY

- 1. Midshipmen shall:
 - a. Keep their address and telephone number updated in the MIDS system.
- 2. Midshipmen shall not:
 - a. If having possession, custody or control of official correspondence, forms, or records, knowingly deliver them or divulge their contents to any person not authorized to receive them.
 - b. If having access to information to carry out the duties of their billet or position, divulge that information to any person not privy to the same information through his/her billet or position.
 - c. Have in their personal possession keys to access controlled spaces within Bancroft Hall unless such key is used in the performance of regularly assigned duties.
 - d. Distribute questionnaires or surveys to the Brigade of Midshipmen.
 - e. Make inappropriate videos or photographs.

5.5 PHYSICAL SAFETY

- 1. Midshipmen will:
 - a. Enter and depart the Naval Academy only through attended gates.

b. Enter and depart Bancroft Hall and Naval Academy buildings only through prescribed doors.

c. Wear reflective gear when conducting outdoor workouts after sunset and before sunrise.

2. At any time, Midshipmen shall not:

a. Be present in a residence that is maintained for the primary benefit of Midshipmen at times when the principal leaseholder or owner is not occupying the residence. A residence is maintained for the primary benefit of Midshipmen when the principal leaseholder or owner does not occupy the residence for a majority of the time, i.e., four of seven days per week.

b. Establish or be active members in non-academic fraternities, sororities, or similar organizations other than those sanctioned by the Commandant via the ECA/CRA list.

c. Visit or patronize any establishment or area listed as "off limits" to members of the armed services.

d. Endeavor by words, gestures, or otherwise to beg, solicit, or hitchhike a ride in or on any motor vehicle, unless offered freely on the Yard.

e. Participate in inherently hazardous activities, including skydiving, hang gliding, automobile racing, bungee cord jumping, or other activities that pose significant risk of injury to participants, without the permission from the battalion officer. Permission is not required for activities sanctioned by the Superintendent, Academic Dean, or Commandant.

f. Ride skate boards, scooters, roller blades, bikes, or any other wheeled object inside Bancroft Hall.

3. While on the Naval Academy complex, Midshipmen will not:

a. Enter any bodies of water adjacent to the Naval Academy except during sanctioned evolutions.

b. Talk on a phone while driving.

c. Wear headphones while conducting physical training outdoors.

d. Climb on the roofs or ledges of any Naval Academy building, including the Mahan Hall clock tower or Chapel bell tower.

e. Sit on windowsills, lean out of open windows, or hang items outside of the windows of any Naval Academy building.

f. Remove screens or inhibitors from the window of any Naval Academy building.

g. Connect power cords to items in locked closets or modify the electrical wiring in Bancroft Hall.

h. Keep flammable materials items in their rooms, except for cleaning supplies and lighters.

**CHAPTER 6: BANCROFT HALL CUSTOMS AND APPEARANCES AND
MIDSHIPMAN FACILITIES**

6.1 OVERVIEW

1. "Bancroft Hall" refers to all company areas, Steerage, the Rotunda, and all spaces associated with services provided for Midshipmen within or adjacent to Bancroft Hall
2. "Midshipman facilities" refers to all athletic, academic, or recreational facilities authorized for Midshipman use.
3. Midshipmen shall not maintain personal belongings or other articles in any locker, closet, or space other than that regularly assigned to him/her or authorized by proper authority to use in Bancroft Hall.
4. Midshipmen shall not enter or use any space which is locked or known to be restricted except as authorized.
5. Midshipmen shall not use elevators anywhere on the Yard except Nimitz unless in possession of a medical chit authorizing elevator use.

6.2 CLASS SPECIFIC RATES. Midshipmen will use only ladder wells, alleyways, passageways, and doors per class privileges while in Bancroft Hall.

1. All classes will:
 - a. Not use the center doors when entering/exiting the Rotunda.
 - b. Stand in an eight section duty rotation.
 - c. In King Hall, request permission from the squad leader or most senior individual to join the mess if late or from a different squad.
 - d. In King Hall, remain seated until excused by the squad leader or most senior individual at the table.
2. 1/C may:
 - a. In Smoke Hall and Memorial Hall, use the center doors.
 - b. In Bancroft Hall, use all ladderwells.
 - c. In King Hall, use all alleyways.
 - d. On the yard, use all walkways.
 - e. Move out of Bancroft Hall following final exams second semester of 1/C year with CO/SEL approval. 1/C must attend all mandatory obligations until graduation or they shall be required to move back into Bancroft Hall as well as be held accountable through the conduct system.

3. 2/C will:
 - a. In Smoke Hall and Memorial Hall, not use the center doors.
 - b. In Bancroft Hall, use all ladderwells.
 - c. In King Hall, use all alleyways except outboard alleyways reserved for 1/C.
 - d. On the yard, use all walkways.
4. 3/C will:
 - a. In Smoke Hall and Memorial Hall, not use the center doors.
 - b. In Bancroft Hall:
 - (1) Not use 2/C doors.
 - (2) Be allowed to use 3/C ladderwells.
 - (3) Not store civilian clothes in their rooms, but may store civilian clothes in seventh or eighth wing lockers.
 - c. In King Hall, use only the center alleys.
 - d. On the Yard, use all walkways.
5. 4/C will:
 - a. In Smoke Hall and Memorial Hall, not use the center doors.
 - b. In Bancroft Hall:
 - (1) Not use 2/C doors or 3/C ladderwells.
 - (2) Chop with "eyes in the boat" and square corners except when in administrative spaces, service shops, basement areas, the post office, and 7th wing gym. 4/C will not chop after 2000 or before 0630 from Monday through Saturday, or before 1300 on Sunday.
 - (3) Not use the Company Wardroom except for in-company trainings.
 - (4) Not use steerage at any time.
 - (5) Not have civilian clothes.
 - c. In Bancroft Hall and on the Yard:
 - (1) Have a cover with them when wearing a uniform that requires a cover, and "plebe" their cover when not wearing it. 4/C may hold covers as they wish while off the yard on town liberty.

(2) Know daily rates, including but not limited to the days; menus for the next three meals; names and billets of the OOW and MOOW for the current day, in-season varsity team captains, and four-strippers and above; professional topic of the week; conversational knowledge of past professional topics; and conversational knowledge of three current newspaper articles (international, national, and sports).

(3) Not intentionally sleep anywhere other than their racks.

(4) Be permitted to carry-on only in 4/C rooms, heads, the library, sporting events, and when necessary for academics in academic buildings.

c. In King Hall:

(1) Sit at attention and use only the front three inches of their chairs.

(2) Only use center alleyways.

(3) Move expeditiously in the center of the alleyway, keeping eyes in the boat and not speaking.

(4) Only speak when spoken to by an upper-class.

d. On the Yard:

(1) Not use curved or raised walkways.

(2) Attend at least one brigade event (sporting event, lecture, concert) per week.

6.3 MIDSHIPMAN ROOM REGULATIONS

1. Midshipman rooms are common barracks and, as such, there is no expectation of privacy except, in a limited sense, in personal confidential lockers when locked. Midshipmen are expected to maintain rooms in a condition that reflects the high standards of cleanliness and professionalism exemplified by officers in the fleet.

2. Midshipmen will:

a. Occupy their assigned room.

b. Maintain rooms in a neat and orderly condition at all times and in Bravo condition when unoccupied.

c. Keep a personal computer while a member of the Brigade.

d. Secure all valuables, prescription medicine, and swords in their confidential locker. Each Midshipman is responsible for keeping his/her confidential locker locked at all times.

e. Keep a current room discrepancy list in the room regulations binder and report all discrepancies to their company first lieutenant.

f. Knock and await acknowledgment before entering another person's room.

g. Place trash in room trash containers, which are to be outside their door each morning by 0700 to be collected. Materials to be recycled will be placed in available recycle bins to be collected by company recycle teams. Trash and recyclables that will not fit in available containers will be disposed of by room occupants in outside receptacles.

h. Keep all food in airtight containers.

i. Display only white sheets, white pillow cases, and a white shower curtain.

j. Possess only furniture issued by the First Lieutenant, except as noted below in 6.3.3c.

k. Post all active special request chits and only contain material in good taste on their bulletin board.

l. Maintain locker stowage per COMDTMIDNINST 1020.3B.

3. Midshipmen may:

a. Lay wet athletic gear in the corridor between 1600 and 0700.

b. Lock their doors after taps and when all occupants are absent during a leave period.

c. Have the following items in their room:

(1) One stereo stand or bookcase measuring no more than 36 inches tall, 24 inches wide, and 20 inches deep.

(2) Privacy curtains as approved by the Midshipmen's SEL. Solid-colored, navy blue or black curtains are acceptable. All privacy curtains must meet the requirements of fire code NFPA-701. Curtains must be hung using a non-damaging, expandable curtain rod.

(3) A navy blue or black, solid-colored bath mat as approved by the Midshipman's SEL.

(4) A 1/C Midshipman room may have: One small potted plant (per occupant), one coffee maker, a hot water heater, and one compact refrigerator, no larger than 27 inches tall, 20 inches wide, and 20 inches deep.

(5) A 2/C Midshipman room may have: One small potted plant (per occupant), one coffee maker, and one hot water heater.

(6) A 3/C Midshipman may have: One small potted plant.

4. Midshipmen will not:

a. Put posters, flags, or adhesives of any kind on bulkheads or hang them from the ceiling in any manner. Corkboards are the only approved location for any such items.

b. Structurally alter rooms (i.e. drill holes in bulkheads, remove ceiling tiles, etc.).

c. Store items in the overheads.

d. Play music loud enough to be heard outside the room.

e. Keep the following items in their rooms:

(1) Explosives, fireworks, ammunition, candles, or flammable materials other than cleaning supplies.

(2) Firearms, switch blades, dangerous weapons, tasers, or compressed air or CO₂ projectile weapons.

(3) Alcohol, unauthorized drugs, unauthorized prescription medicines, or other controlled substances.

(4) Space heaters or air conditioning units.

(5) Irons without automatic shut-off protection.

(6) Pornographic materials.

(7) Floor lamps or rugs except as noted in 6.3.3.c.

(8) Hot plates, rice cookers, toaster ovens, or any other electrical appliances for cooking purposes.

(9) Personal chairs of any type.

(10) Bicycles.

6.4 MIDSHIPMAN ROOM INSPECTION STANDARDS

1. Midshipmen rooms will be subjected to formal inspection at least one time each semester. Formal inspections will comply with the inspection standards of Alpha Condition listed below:

a. Gross discrepancies. A grade of UNSAT on any of the following items constitutes an overall UNSAT for the inspection.

- Deck stripped and waxed properly.
- No excessive dirt/wax build-up in the corners/around edges.
- No excessive dirty laundry in locker/no odor emanating.
- No mold in shower and/or on shower curtain.

b. Routine items. A total of four UNSATs on any of the remaining items listed constitutes an overall UNSAT for the inspection.

➤ Inspection Ready:

- A white glove, black sock, ruler, pen, and a completed room inspection chit will be on the desk nearest the door.
- All lockers, drawers, and medicine cabinet open.
- All lights turned on.

➤ General:

- All surfaces clean and dusted.
- Nothing hung from bulkheads, overheads, closets, racks, or doors.
- Racks neatly made with clean linen.
- All First Lieutenant issued items present (chairs, empty trash can with clean trash bag, pillows, etc).
- Only approved and authorized furniture present.
- No elaborate unauthorized articles present.
- Light fixtures cleaned on inside and outside.
- No gear adrift.

➤ Lockers:

- All food stored in air-tight containers.
- Closet stowage dark to light, left to right.
- Shoes clean and stowed white to black, top to bottom.
- Rifles and swords clean and locked.
- Folded clothing neat, aligned to shelf edge.
- Confidential lockers clean and orderly.

➤ Sink and Shower:

- Shower walls and floor clean and dry.
- Shower curtain clean and dry
- All bright work clean and free of spots.
- Medicine cabinet neatly arranged.
- Washbasin clean and dry.
- Clean towels folded neatly.
- Mirrors free of streaks and spots.
- Cleaning gear stowed neatly underneath sink.
- No items in shower.

➤ Windows and Blinds:

- Window sills free of dust and dirt.
- Window glass clean and spot free on the inside.
- Blinds thoroughly cleaned and dust-free.
- Blinds at half-mast and open.
- Windows shut.

➤ Desks:

- Drawers dusted and the contents stowed neat and orderly.
- Books stored vertically, tall to short, left to right, dark to light, aligned with shelf edge.
- Electrical cords arranged neatly and safely.

- Material on bulletin boards shall be appropriate and arranged neatly.
- Chairs clean and dust free.
- One clean computer per occupant present.

2. Bravo Condition. This condition will be maintained whenever the room is not occupied. Rooms shall be inspected in Bravo Condition at least weekly.

a. Gross Discrepancies. A grade of UNSAT on any of the following items constitutes an overall UNSAT for the inspection.

- Deck mopped clean and swept.
- No excessive dirty laundry in locker. No odor emanating.
- No mold in shower and/or shower curtain.
- Door must be open at a 90 degree angle when the room is unoccupied.

b. Routine items. A total of three or more UNSATs on any of the following items constitutes an overall UNSAT for the inspection:

- All lights and electrical equipment off.
- All surfaces clean and dusted.
- Nothing hung from bulkheads, overheads, closets, racks, or doors.
- Racks neatly made with clean linen and a pillow (no blankets on racks).
- No unauthorized furniture or appliances present.
- No gear adrift.
- Confidential lockers will be locked.
- Blinds at half-mast and open.
- All plastic containers in closets or on shelves.
- Bulletin board and desk material appropriate and neat.
- Computer screensavers appropriate and in good taste.
- No rugs in room except shower mat, which must be clean.
- Shower walls, curtain, and deck clean.
- Medicine cabinets clean and neatly arranged.
- Mirrors and bright work clean.
- Material deficiencies reported to the Company 1st LT and documented on the room discrepancy sheet.
- All rifles and swords locked.

6.5 SHARED COMPANY SPACES

1. Company wardrooms are meant to serve as a common space for upper class Midshipmen to relax and study. 4/C Midshipmen will not use the wardroom unless specifically given permission. 3/C Midshipmen will not use the wardroom except when on town liberty. Midshipmen may reserve the wardroom for official functions or class meetings with the approval of the Company Commander.

2. Midshipmen officers authorized the use of a company bulletin board will display all immediately applicable directives and orders affecting personnel under their authority and be responsible for maintaining it in good taste.

3. Personnel will be responsible for knowledge of all orders and directives posted on bulletin boards.

4. 1/C will be responsible for ensuring a neat and orderly appearance of the halls within their company area.

5. Company wardrooms will maintain a printed copy of MIDREGS, Uniform Regulations, and the Honor Concept. In addition, each CO/SEL will maintain a printed copy.

6.6 LAUNDRY ROOMS

1. 1/C, 2/C, and 3/C Midshipmen may use the Bancroft Hall laundry rooms at any time. 4/C may only use the laundry rooms when on town liberty. The laundry rooms operate on a "first come, first served" basis with no priority privilege by class during authorized times.

2. Midshipmen will maintain the laundry rooms in an orderly fashion and remove their laundry as soon as it is finished washing or drying. Abandoned items will be discarded.

3. Color dyeing of clothing or articles and washing of painted sheet signs in the machines is prohibited.

6.7 SEVENTH AND EIGHTH WING LOCKERS

1. 1/C, 2/C, and 3/C Midshipmen will:

a. Occupy only one locker. Maintaining more than one locker may result in the lock being removed and the confiscation of property.

b. Be responsible for their personal property. All gear left adrift will be discarded.

c. Identify their lockers by posting their name, alpha code and company.

d. Lock lockers when not physically present in the locker room.

2. 4/C Midshipmen will not store items in seventh or eighth wing lockers.

6.8 BICYCLE STORAGE ROOMS.

1. Midshipmen will keep all bicycles in designated bicycle storage rooms. Authorized storage rooms include: 8th Wing Mezzanine Brigade Bike Room (8M32C), Battalion Bike Rooms (3019, 5040, 7004, 4015, 6040, 8003), and Company Bike Rooms (2014, 4037, 4040, 4046, 5412J).

2. Midshipmen are not authorized to store bicycles in their respective rooms or in any space not designated as a bicycle storage room.

6.9 KING HALL

1. King Hall is the Brigade's wardroom. While in King Hall, Midshipmen are expected to address each other in a civil manner with a conversational tone, observe service etiquette, and maintain proper military bearing.

2. Midshipmen will not:
 - a. Touch utensils or food until the order "seats" is given.
 - b. Throw food.
 - c. Remove food items from unoccupied tables.
 - d. Enter the sculleries, pantries, or galley.
 - e. Use King Hall as a passageway.
 - f. Remove silverware, serving containers, or reusable food items from King Hall.
 - g. Place backpacks in any location which inhibits the flow of traffic or the conduct of King Hall operations.

6.10 GUESTS IN BANCROFT HALL

1. Guests to King Hall:
 - a. With the authorization of the CO or SEL, Midshipmen may invite relatives and guardians, officers of the armed forces (O-5 and below), faculty members, and other guests to dine in King Hall.
 - b. With prior approval from the Commandant, Midshipmen may invite members of Congress, special or distinguished guests, and officers of the armed forces (O-6 and above) to dine in King Hall.
 - c. Midshipmen hosts will purchase meal tickets in advance for all guests from the accounting branch of the Midshipman Food Service Division.
2. Guests to Steerage or Smoke Hall area must be escorted by a Midshipman.
3. Instructors in Bancroft Hall during study period or after working hours must be escorted at all times.
4. Midshipmen shall not allow unescorted visitors access to corridors (except in the vicinity of main office), terraces, or Midshipmen rooms.

6.11 SPIRIT-RELATED ACTIVITIES

1. Spirit-related activities, including cheers, sheet posters, decorations, or skits, will remain within the bounds of good sportsmanship, good taste, and common decency. Spirit should focus on our team's efforts and not tearing down the opposition, and should not be destructive in any way.
2. Midshipmen will obtain Company Officer/SEL approval before conducting any spirit-related activity or "recon."
3. Midshipmen will not:

- a. Demean or offend any individual or group through offensive language or actions that could cause physical harm.
- b. Deface, destroy, or move any property, including missiles, aircraft, cannons, torpedoes, monuments, memorials, items of historical significance, and other decorative art or objects-unless sanctioned by the Commandant.
- c. Attach any item to any monument or memorial.
- d. Move, lift, or rearrange tables, chairs, or other equipment in King Hall, Dahlgren Hall, academic buildings, or associated spaces.
- e. Block egress from occupied spaces.

6.12 UTILIZATION OF MIDSHIPMAN FACILITIES

1. While in academic and recreation buildings:

a. Midshipmen may:

- (1) Use government telephones for official calls.
- (2) Eat or drink in class at the discretion of the instructor.
- (3) Post signs in academic spaces with proper authorization from the Operations chain of command.

b. Midshipmen will not:

- (1) Sleep or chew tobacco in class.
- (2) Escort unofficial guests to academic and recreational buildings.
- (3) Sit on the decks of hallways or the ladders of academic buildings.
- (4) Enter or use spaces without proper authorization, particularly laboratories that are normally secured during off-hours.

2. While in athletic facilities:

a. Midshipmen may use authorized facilities only during their hours of operation, and as specified by table of priorities.

b. Midshipmen shall follow all rules and regulations pertaining to a specific venue, including using towels when weightlifting, racking weights after use, and properly stowing all equipment.

c. Midshipmen shall not swim in any facility except during authorized times and in the presence of a lifeguard.

3. With regards to the Officers and Faculty Club:

a. 1/C Midshipmen may:

(1) Become members of the Officers and Faculty Club.

(2) Use the club facilities during approved periods of liberty and leave.

b. 2/C and 3/C Midshipmen may use the O & F Club during town liberty or while on leave as the guest of their sponsors, immediate family members, or other military officers.

4. With regards to the use of Drydock:

a. All Midshipmen may purchase food for take-out Monday through Friday after 1915 in Blue and Gold Jogging Suits.

b. 1/C may sit in Drydock Monday through Friday after 1915 in Blue and Gold Jogging Suits.

c. Drydock is open for Midshipman sit-down use during individual class town liberty times. Uniform is authorized liberty attire. Working uniforms and Blue and Gold Jogging Suits are not authorized during liberty except for 1/C and 2/C on Fridays after 1915.

d. 4/C are authorized sit-down use of Drydock on Sunday afternoons in uniform of the day.

6.13 SPECIAL EVENTS FOOD SERVICE SUPPORT. Midshipmen Food Services Division (MFSD) will support company dining ins/outs and picnics, with company officer approval, to the fullest extent that resources allow. Requests must be submitted to MFSD at least two weeks prior to commencement of the event. Events will take place during town liberty if held off the yard.

6.14 MEDICAL AND DENTAL CARE

1. When at the Naval Academy, Midshipmen shall:

a. Utilize Brigade Medical and Dental as their primary health care and dental providers for initial evaluation, treatment, advice, and referral for all routine medical and dental conditions. After hours, the duty health care provider shall be contacted for all non-emergency medical issues. For emergency issues, Midshipmen shall immediately contact emergency medical services (3-3333 or 911), and notify the duty health care provider as soon as practicable.

b. Schedule medical and dental appointments during free periods or the afternoon sports period, unless approved by CO/SEL.

c. Cancel medical appointments at least 24 hours in advance if some circumstance prevents them from attending. Midshipmen shall prioritize medical appointments per the table of priorities.

(1) With regards to medical treatment at other military treatment facilities while at the Naval Academy, Midshipmen shall:

(a) Schedule appointments through the pre-commissioning office at the medical clinic.

(b) Notify the pre-commissioning office at least 24 hours in advance if they cannot keep the appointment.

(c) Wear the uniform of the day to all appointments outside the Naval Academy complex.

(d) Contact Main Office and their Company Officer/SEL if admitted to a hospital subsequent to an appointment.

3. When on leave and liberty, Midshipmen are entitled to civilian medical and dental care at government expense, provided the care is of an emergency nature. Although the initial visit to a civilian physician or hospital may be of an emergency nature, follow-up care should normally be obtained from a federal (preferably naval) medical treatment facility. Reimbursement for care of an elective, non-emergency nature is not authorized.

a. Midshipmen who become injured or ill during liberty or leave shall:

(1) Report to the nearest military medical treatment facility if practical or contact the duty health care provider.

(2) Notify the duty health care provider if not already done, OOW and the Company Officer/SEL.

(3) Direct civilian physicians to send all bills or claims to the Health Benefits Advisor, NHC Annapolis, Annapolis, MD 21402-5050.

b. Upon return to the Naval Academy, shall:

(1) Report to Brigade Medical Unit for an in-house exam.

(2) Bring all documentation of care and any claims to BMU in order to initiate payment process.

4. Midshipmen may only be classified as light duty or sick-in-quarters by approval of the Company Officer with a recommendation from a Brigade Medical provider. No trainer for a varsity athletic team may issue any chit to a Midshipman.

a. Light Duty: Midshipmen placed on light duty will be provided with a medical excuse authorization form. Midshipmen shall resume regular duties and deliver the original medical excuse authorization form to their Company Officer/SEL. Upon approval from Company Officer/SEL, the Midshipman must make three copies and deliver one each to the Company Officer, Company PMO, and PE Marking Office. Failure to provide a copy to the PE Marking Office may result in a Midshipman becoming a marking office failure. The original chit must remain in the Midshipman's possession at all times during the period of limited duty.

b. Sick-in-Quarters (SIQ): Midshipmen placed in an SIQ status shall deliver the original medical excuse authorization form to their Company

Officer/SEL and return to their room. Upon approval, the Midshipman shall make four copies and deliver one each to the Company Officer, Company Academic Officer, CDO, and tape the fourth copy to his/her door. The Midshipman shall retain the original. SIQ Midshipmen may leave their rooms only for head calls, meals, and visits to the Clinic or Brigade Medical, unless their medical excuse authorization form stipulates class option or the Company Officer approves such a request.

(1) Midshipmen unable to attend meals due to illness or injury may have meals from King Hall picked up for them by another Midshipman.

(2) A Midshipman wishing to pick up food for an SIQ Midshipman must be provided with two copies of the medical excuse authorization form. One copy will be submitted to the diet kitchen, with all requirements (e.g., meal times and meal types) listed. Each time a Midshipman collects a meal from the diet kitchen, he will be required to present his copy of the SIQ chit.

c. Hospitalization. If a Midshipman is admitted to a military hospital, then that Midshipman will comply with Midshipmen Regulations and applicable regulations issued by the hospital commanding officer. Immediately after discharge from a hospital, Midshipmen shall report to Brigade Medical Unit and then to the Company Officer/SEL. If a military hospital issues discharge orders to a Midshipman recommending convalescent leave, then that Midshipman shall immediately contact his/her Company Officer or the OOW to establish whether convalescent leave is authorized. Midshipmen hospitalized in military treatment facilities will contact Brigade Medical upon return to the Naval Academy to arrange payment of hospital per diem charges.