



DEPARTMENT OF THE NAVY  
UNITED STATES NAVAL ACADEMY  
121 BLAKE ROAD  
ANNAPOLIS MARYLAND 21402-1300

USNAINST 6220.3  
25/NHC

SEP 12 2008

USNA INSTRUCTION 6220.3

From: Superintendent, United States Naval Academy

Subj: PROTOCOL FOR MANAGEMENT OF CHICKENPOX CASES AT THE  
UNITED STATES NAVAL ACADEMY

Ref: (a) NHCANNAINST 6220.1  
(b) NHCANNAINST 6220.3  
(c) BUMEDINST 6220.12  
(d) BUMEDINST 6230.15  
(e) Guideline for Isolation Precautions: Preventing Transmission of Infectious Agents in Healthcare Settings 2007, CDC

1. Purpose. To establish and publish administrative guidelines for the management of chickenpox cases outlined in references (a) through (e).

2. Cancellation. USNA/ACC Instruction 6220.3A

3. Background. Chickenpox is a highly contagious viral disease which can spread rapidly among individuals who do not have an immunity to chickenpox. Midshipmen have a negligible risk in contracting chickenpox due to the protocols instituted by the Naval Health Clinic, Annapolis (NHCA). All midshipmen have their blood drawn on Induction Day and Induction Day Minus One to determine whether they have immunity to chickenpox. Midshipmen who have a borderline immunity or no immunity to chickenpox receive the vaccination against chickenpox per reference (d).

4. General

a. Infection Control. Chickenpox is contagious 1-2 days before the rash appears and until all blisters have formed a scab. Chickenpox develops within 10-21 days after contact with an infected person. All midshipmen who contract chickenpox must be appropriately isolated until 5 days after the initial appearance of skin eruptions and/or until all skin lesions have crusted. Brigade Medical Unit will provide prompt and appropriate medical evaluation.

b. Epidemiological Investigation. All midshipmen lacking immunity to chickenpox who have been exposed to an individual with chickenpox will be identified as soon as possible. The Infection Control Officer, NHCA, will administer the appropriate protocols

SEP 12 2008

for surveillance and investigation per references (a) through (c). Preventive Medicine will be contacted for consultative assistance and will report all positive cases to the cognizant Navy Environmental and Preventative Medicine Unit.

5. Action

a. Commanding Officer, NHCA

(1) Identify and provide immediate medical care to midshipmen who have contracted chickenpox. Conduct required investigations and reports per reference (a).

(2) Notify and guide the chain of command about all midshipmen with chickenpox.

b. Commandant of Midshipmen. Ensure all midshipmen who have contracted chickenpox adhere to the recommendations of the Infection Control Officer.

*/S/*  
J. L. FOWLER

Distribution:  
All Non Mids (electronically)