USNA INSTRUCTION 6200.2C

From: Superintendent, U.S. Naval Academy

Subj: SMOKING AND SMOKELESS TOBACCO USE POLICY

Ref: (a) SECNAVINST 5100.13E
(b) OPNAVINST 6100.2A
(c) COMDTMIDNINST 5400.6U

Encl: (1) Designated Tobacco Use Areas

1. Purpose
   a. To establish policy and guidelines to protect personnel from involuntary exposure to Environmental Tobacco Smoke (ETS) in all U.S. Naval Academy (USNA) controlled spaces.
   
   b. Provide policy and guidelines on the use of smokeless (spit) tobacco (e.g., plug, leaf, snuff, dip), e-cigarettes and vaping.
   
   c. To afford all personnel safe, smoke-free working and public living environments and provide motivation and assistance to current tobacco users to discontinue their habit.

2. Cancellation. USNA/AAC Instruction 6200.2B

3. Applicability. The provisions of this instruction are applicable to USNA personnel, all civilian employees and contractors assigned to USNA activities, and all personnel conducting business with USNA on the Naval Academy campus.

4. Background
   a. The policies established herein support the Naval Academy’s mission, specifically the physical mission area.
   
   b. Virtually every government and private study has concluded that tobacco use causes serious health hazards for smokers, nonsmokers, and users of smokeless tobacco products. The Surgeon General of the United States has determined that tobacco use is the single most preventable cause of illness and death. The Environmental Protection Agency has determined
that second hand/passive smoke is a major source of indoor pollution that causes lung cancer, respiratory illness, and heart disease in both smokers and nonsmokers. In addition, indoor air pollution is considered one of the top five risks to public health, with an estimated loss of "tens of billions" of dollars in medical costs and lost productivity.

c. Smokeless tobacco is not a safe alternative to cigarettes. It is an equally potent carcinogen producing an increased rate of mouth and throat cancer.

d. Tobacco use negatively impacts overall individual health and physical readiness which can lead to compromised military readiness and increased health care costs.

5. Policy. USNA policy is intended to set an example for Navy's wellness programs and to provide principled stewardship of public health care funds. This policy discourages the use of tobacco products on or off duty. It provides smokers and smokeless tobacco users with encouragement and professional assistance to curtail use. The ultimate goal is to establish a completely smoke-free environment at the Naval Academy. Per references (a) through (c), and in recognition of conclusive medical and other scientific evidence:

a. Smoking is prohibited in all Naval Academy buildings. Specific guidance for midshipmen is found in section 4, paragraph 3 of reference (c).

b. Smoking is prohibited in all government owned or operated vehicles (including official buses, vans, sedans, etc.).

c. The use of tobacco products is prohibited in all spaces in medical and dental treatment facilities.

d. The use of tobacco products by staff, faculty and visitors while in the presence of midshipmen is prohibited at all Naval Academy functions.

e. Spit tobacco is prohibited during briefings, meetings, classes, formations, inspections, during watch, and in all other situations requiring personal hygiene, sanitation, public safety, health, military appearance, and professionalism.

6. Designated smoking areas. Since ETS is classified as a potential occupational carcinogen, exposure to ETS must be reduced to the lowest feasible concentration. Therefore, smoking will be allowed only in designated outdoor smoking areas located away from building ingresses and/or egresses and supply air intakes. Enclosure (1) illustrates designated smoking areas.

a. Outdoor areas designated for smoking will be located away from areas commonly used by nonsmokers.
b. A designated smoking area cannot be an area where subordinates would routinely be asked to visit or meet with seniors, or which is routinely occupied or visited by nonsmokers, customers, or visitors.

c. Signs with the words "DESIGNATED SMOKING AREA" shall be prominently posted at all designated smoking areas. This signage shall also prominently display tobacco use warnings and availability of tobacco cessation programs.

d. Adequate ash trays and custodial service must be provided in all designated smoking areas.

7. Action

a. All military personnel and civilian employees, including midshipmen, regardless of their personal decision on tobacco use, are expected to comply with the spirit and intent of this instruction.

b. Individuals at all supervisory levels are responsible for implementing this program, to include making, communicating, and enforcing applicable determinations. Staff officers who have responsibility for programs related to this instruction (i.e., Naval Health Clinic; Safety and Occupation Health Manager; Public Works Officer; Director, Human Resources; etc.) will assist with implementation, education, and enforcement.

c. Employees who choose to smoke at work are not entitled to spend more time away from their work areas than others.

d. An aggressive health promotion awareness program by Naval Health Clinic, Annapolis will continue to discourage the use of tobacco products. The consequences of tobacco use will be incorporated into educational presentations on alcohol use, drug abuse, and healthy lifestyles. The Naval Health Clinic will coordinate voluntary tobacco cessation efforts for midshipmen, active duty staff, and civilian employees. Every attempt will be made to accommodate work/training schedules for all participants in the tobacco cessation programs.

e. As part of routine medical and dental visits, and at other appropriate times, health care staff will inquire about patients' tobacco use, advise them of the associated risks and the health benefits of abstinence, assist them in quitting, and arrange or suggest other sources of assistance. In addition, health care staff should advise all pregnant tobacco users of the health risk to their unborn child.

f. Fleet and Family Support Center, substance abuse counselors, command fitness coordinators, and Command Drug and Alcohol Program Advisors are encouraged to support the promotion of the smoking cessation programs.
8. **Records Management.** Records created as a result of this instruction, regardless of media and format, must be managed per Secretary of the Navy Manual 5210.1 of January 2012.

9. **Review and Effective Date.** The Administrative Officer will review this instruction annually on the anniversary of its effective date to ensure applicability, currency, and consistency with Federal, DoD, SECNAV, and Navy policy and statutory authority using OPNAV 5215/40 Review of Instruction. This instruction will automatically expire 5 years after the effective date unless reissued or otherwise canceled prior to the 5-year anniversary date, or an extension has been granted.

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