



NAVAL ACADEMY ATHLETIC ASSOCIATION

DIRATHINST 1600.6

1 Nov 2022

DIRECTOR OF ATHLETICS INSTRUCTION 1600.6

Subj: NAVAL ACADEMY PHYSICAL EDUCATION REMEDIAL PROGRAM

Ref: (a) USNAINST 1610.3F
(b) USNAINST 1610.4A
(c) COMDTMIDNINST 5400.6X
(d) COMDTMIDNINST 1610.2L
(f) COMDTMIDNINST 6110.3B

1. Purpose. To provide a remediation process for deficiencies in USNA Physical Education (PE) programs.

2. Cancelation. DIRATHINST 1600.5

3. Background. A tailored remediation program is necessary for designated Midshipmen who require extra instruction in order to meet the graduation requirements for Combatives (PE101 & PE302), Swimming (PE102, PE201 & PE301), and Physical Fitness Assessment (PFA).

4. Discussion. The remediation program has the following elements:

a. Midshipmen are placed in an environment where they are provided with proper instruction, technique and training to improve their physical fitness, swimming, and combative skills.

5. Procedures.

a. The Head of the Physical Education department has the authority to assign Midshipmen to the Combatives, Swimming, and/or Brigade Training Team (BTT) remediation programs.

b. A Midshipman who fails any portion of the Combatives program, Swimming, and/or PFA requirement will be placed in the remediation program until they satisfy the completion requirements for their deficiency.

6. Requirements.

a. Combatives.

(1) A schedule for combatives remediation will be sent out at the beginning of each remedial period of opportunity.

(2) A combatives instructor will track and administer tests for each individual at the conclusion of the instructional series.

(3) Midshipmen will follow the list of priorities as outlined in ref(c).

(4) Upon notification of their deficiency a Midshipman shall:

(a) Acknowledge their deficiency with the Combatives Remediation Coordinator and their intent to attend the required remediation classes. If a Midshipman believes that they are included in error, the Midshipman must work with the Combatives Remediation Coordinator to resolve the conflict. If a Midshipman is unable to participate in combatives activities due to a medical chit, the Midshipman must present this chit (as well as all changes or updated chits) at the next remediation session. Unless otherwise excused, a Midshipman on chit is still expected to attend all classes in order to observe instruction.

(b) Consult with a cognizant senior in his/ her chain of command for guidance in resolving conflicts.

(c) Inform all parties in advance if an obligation is overruled by a higher priority.

(d) Email the Combatives Coordinator prior to the day's session with reason for absence.

(e) A copy of all medical chits shall be entered in the Midshipmen Information Database System (MIDS) by the Midshipman's CO/SEL for accountability.

b. Swimming.

(1) The swim remedial programs are offered year-round. The point of contact is the Swim Remediation Coordinator.