



DEPARTMENT OF THE NAVY
UNITED STATES NAVAL ACADEMY
COMMANDANT OF MIDSHIPMEN
ANNAPOLIS MARYLAND 21402-1300

COMDTMIDNINST 6110.3B
PE
APR 09 2018

COMMANDANT OF MIDSHIPMEN INSTRUCTION 6110.3B

From: Commandant of Midshipmen, U.S. Navy Academy

Subj: PHYSICAL EDUCATION REMEDIATION ATTENDANCE POLICY

Ref: (a) PE DEPT-COMDTMIDN 1610, Memo of Agreement
(b) DIRATHINST 6110.2B
(c) COMDTMIDNNOTE 1710
(d) COMDTMIDNINST 5400.6T

1. Purpose. To promulgate policy regarding physical education deficiencies and attendance at Physical Education (PE) Remediation Programs.

2. Cancellation. COMDTMIDINST 6110.3A.

3. Scope and Applicability. All personnel assigned to the U.S. Naval Academy (USNA) shall familiarize themselves with the subject regulations and policies listed in references (a) through (d).

4. Background. Physical readiness is a key component of the USNA's mission to "develop midshipmen morally, mentally, and physically." Midshipmen who have PE deficiencies shall seek remediation as soon as possible, subject to the guidelines provided in the policy below.

5. Responsibilities

a. Physical Education Liaison Officer (PELO). Per reference (a), the PELO shall act as the primary point of contact and information conduit between the Commandant's Staff and the Athletic Director's Staff and provide oversight to the Commandant's PE remediation attendance policy.

b. Battalion Fitness Leaders (BFL). Per reference (b), the Commandant of Midshipmen shall ensure one Senior Enlisted Leader (SEL) per Battalion is assigned to act as the BFL who shall report to the PELO. The BFL shall conduct Body Composition Assessment (BCA) procedures (taping), during Reform and official Physical Fitness Assessment (PFA) weigh-ins. Per reference (b), the PE Marking Officer shall designate a PE Staff member to conduct BCAs for team PFAs.

c. Company Officers (COs)/SELs. Per reference (b), COs/SELs shall conduct height/weight measurements during Reform and official PFA weigh-ins.

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d. Brigade of Midshipmen. Midshipmen shall know their PE status at all times. Those midshipmen with PE deficiencies shall follow the policy contained within this instruction and seek remediation for PE deficiencies as soon as possible.

6. Policy

a. Course Deficiencies. It is the responsibility of the midshipmen with PE course deficiencies to contact their Course Instructor to schedule remediation.

(1) Contact with the Course Instructor to schedule remediation must be completed within 30 days of medical chit expiration.

(2) Varsity and Club A athletes who have PE participation exemptions, per reference (c), are exempt from this requirement only for the duration of the exemption. This applies only to those courses for which the exemption specifies and only for the exemption period. Following the expiration of the exemption, Varsity and Club A athletes have 30 working days to contact their Course Instructor to arrange for remediation.

b. Swim Course Failures. Per reference (c), midshipmen with swim course deficiencies are required to attend the PE Swim Remediation Program unless participation is temporarily excused.

(1) Per references (c) and (d), all sessions are mandatory unless the midshipman has a valid excusal.

(2) Midshipmen with a valid medical waiver will participate within the limits of the medical condition which shall be stated on their waiver.

c. PFA Failures. Per reference (c), midshipmen who fail either the BCA or PRT element of the PFA shall participate in the PE Physical Training Remediation Program, Brigade Training Team (BTT), unless participation is temporarily excused.

(1) Per references (c) and (d), all sessions are mandatory unless the midshipman justifies a valid excusal.

(2) Midshipmen with a valid medical waiver who are PFA failures shall also participate in BTT within the limits of their medical condition which shall be stated on their waiver.

(3) Unless medically waived, midshipmen must take a weekly remediation PFA (or PRT), as applicable, until they pass. Midshipmen may be released from BTT when they meet the below remediation requirements.

(4) COs may elect to require a midshipman that does not meet any of the above qualifications to participate in BTT for documented poor PFA history and performance. This participation would be directed to assist midshipmen who have a poor track record of

meeting standards only with individual workouts.

(5) BCA Failures. Midshipmen who fail the official semester weigh-in shall attend BTT. First time BCA failures shall attend BTT until they pass a weekly administered PFA (BCA and PRT). Midshipmen with two or more official BCA or PRT failures shall attend BTT until they pass the next official semester PFA.

(6) PRT Failures. Midshipmen who fail an official semester PRT shall attend BTT. First time PRT failures shall attend BTT until they pass a weekly administered PRT. Midshipmen with two or more PRT or BCA failures shall attend BTT until they pass the next official semester PFA.

d. Incomplete Official Semester PFA. Midshipmen who are medically waived or receive authorized excusals from both the initial official semester PRT and the make-up PRT are required to participate in the next available Mock PRT offered by BTT. If incomplete due to medical waiver, they are required to take the Mock PRT following the expiration of their medical waiver. If the midshipman passes the Mock PRT they are complete with the requirement to attend BTT and shall ensure their passing score is documented with BTT Staff and reported to the PELO. If they fail the Mock PRT, they are required to attend BTT until they pass a Mock PRT. The Mock PRT score will not count as their official semester PRT score. They will remain incomplete until next semester's official PRT.

e. BTT and PE Remediation Swim Program attendance records will be maintained by the PE Department, and communicated to the Commandant of Midshipmen's office via the PELO who shall indicate present, absent, or excused only. Company Physical Mission Officers (PMO) shall monitor remedial swim and BTT attendance records daily and document excused absences per the Midshipmen Table of Priorities in reference (d). Midshipmen with Unauthorized Absences from PE Remedial Programs will be held accountable via the Conduct System.

f. Midshipmen who are PE incomplete without a waiver in PE courses or who are PFA failures are at risk of losing their Spring Break, Summer, or Intercessional leave periods in order to be provided the opportunity to remediate. Per reference (d), midshipmen with PE deficiencies shall lose these privileges.

7. Reform Weigh-In

a. All midshipmen who have not completed the current semester's PFA will participate in a weigh-in during the August and January Reform periods as a proactive measure to identify those midshipmen at risk of failing the BCA element of the semester's PFA. This weigh-in is separate and distinct from the PFA weigh-in for that semester. Per reference (b), COs/SELs will measure height/weight and BFLs will conduct BCA measurements, if required. BCAs shall be conducted on the same day as a midshipman's height/weight measurement. COs/SELs shall enter midshipmen weigh-in data in the Midshipmen Information System no later than the first day of classes.

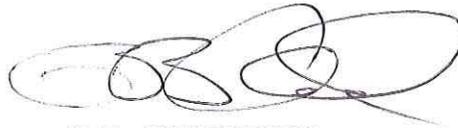
b. COs/SELs shall assign midshipmen over BCA standards per reference (b) to Company led workouts until they pass the next official semester PFA. Company PMOs will be responsible for coordinating Company workouts and reporting progress to the CO/SEL.

c. Midshipmen whose BCA is over PFA standards at Reform shall not lose any privileges (unless a PFA failure from the previous semester and previous deficiencies cause them to be PE deficient).

d. COs/SELs may assign midshipmen who are within BCA standards at the Reform weigh-in but possess a history of PFA failures to Company led workouts or BTT as a proactive measure to ensure a midshipman's success on the next official PFA.

8. Records Management. Records created as a result of this notice, regardless of media or format, must be managed per Secretary of the Navy Manual 5210.1 of January 2012.

9. Review and Effective Date. The PE Liaison will review this instruction annually on the anniversary of the effective date to ensure applicability, currency, and consistency with Federal, DoD, SECNAV, and Navy policy and statutory authority using OPNAV 5215/40 Review of Instruction. This instruction will automatically expire five years after the effective date unless reissued or otherwise canceled prior to the five-year anniversary date, or an extension has been granted.



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