COMMANDANT OF MIDSHIPMEN INSTRUCTION 1531.3

From: Commandant of Midshipmen, U.S. Naval Academy

Subj: PLEBE SUMMER REQUIREMENTS

Ref: (a) CNO “Charge of Command” Guidance
(b) CNO NAVPLAN
(c) Commandant of USMC’s Planning Guidance
(d) Officer Professional Core Competencies Manual
(e) Commandant of Midshipmen Training Guidance
(f) COMDTMIDNINST 3120.IU
(g) USNAINST 1530.1F
(h) OPNAVINST 3500.39D

Encl: (1) Plebe Summer Completion Checklist
(2) Sample Letter of Instruction / Memorandum of Understanding

1. Purpose. To establish the criteria and requirements surrounding the planning, execution, and completion of Plebe Summer as an indoctrination of incoming candidates to the U.S. Naval Academy (USNA) for further service as naval officers.

2. Scope and Applicability. This instruction applies to all midshipmen candidates at the USNA, as well as all midshipmen comprising the Brigade of Midshipmen, USNA faculty, and staff.

3. Background. The mission of the USNA is to develop midshipmen morally, mentally, and physically and to imbue them with the highest ideals of duty, honor, and loyalty in order to graduate leaders who are dedicated to a career of naval service and have potential for future development in mind and character to assume the highest responsibilities of command, citizenship, and government. This transformation of a civilian into a military leader capable of sound moral decision making in a dynamic, complex environment such as combat where mission success is critical and life and death situations are expected, commences at Plebe Summer. In fact, the success of the subsequent rigorous 47-month long training program is directly based upon the lessons learned during Plebe Summer, from teamwork and camaraderie to character and grit. Plebe Summer introduces the ideals of honor, courage, and commitment to instill a mindset of developing midshipmen morally, mentally, and physically through the issuance of tasks, challenges, and requirements that lay the foundations for success. It is through this comprehensive training regime incorporating lecture-based lessons, skills-based practical application, character development vignettes modeled by daily leadership interaction, and a pressurized and physically demanding environment that we lay their foundation for success in
the Brigade. Plebe Summer is not simply a milestone developmental event; it is a method by which Plebes are evaluated for fitness to serve as a midshipmen and future naval officer and the subsequent delivery of those found to meet the standards into the Brigade of Midshipmen, establishing the conditions for a successful academic year in accordance with reference (g).

4. **Intent.** Plebe Summer is a six-week long indoctrination period which serves as the cornerstone of USNA’s 47-month professional development curriculum. Requirements and completion criteria are aligned with the Professional Core Competencies (PCC) outlined in reference (d), the Commandant of Midshipmen’s training guidance per reference (e), and Operational Procedures in reference (f). The Plebe Summer Officer in Charge (OIC), staff, and midshipmen detailers shall develop the training schedule and formulate criteria for evaluation based off these documents. At the conclusion of summer training, each Plebe class shall:

   a. Be indoctrinated in the traditions of the Naval Service and the USNA;

   b. Understand basic military skills and the meaning behind them;

   c. Appreciate the high standards and obligations inherent in service as a midshipman and naval officer;

   d. Be dedicated to excellence in a competitive atmosphere that fosters leadership, teamwork, character, and a passion for winning;

   e. Appreciate the importance of mental, moral, and physical toughness in all aspects of duty and service; and

   f. Be prepared to execute the rigorous academic year routine.

5. **Professional Evolutions.** These evolutions ensure Plebes are ready to perform at a basic level within the Brigade. Plebes shall know the standards of moral behavior and establish the basic knowledge of military structure, protocol, and routine. Specifically, they shall:

   a. Attend six out of eight Honor and Character Development classroom sessions lasting forty-five minutes each per reference (d) PCC Manual I. F. G. II. A. C. D.

   b. Achieve a passing score on the Rates Test per reference (d) PCC Manual I.G.1-4. Elements of the test shall include, at a minimum:

      (1) Command Relationships and Organization for both operational and administrative environments.

      (2) Navy and Marine Corps officer and enlisted rank / paygrade structures and insignia.

      (3) Officer ranks in the Army, Air Force, and Coast Guard.

      (4) Relevant Navy and Marine Corps unrestricted and restricted line communities and applicable warfare insignia.
c. Complete the course of fire for both pistol and rifle on the Weapons Range per reference (d) PCC Manual V.I. Weapons qualification is not required.

d. Attend two of the following three sessions of Damage Control Training: One two-hour brief in Alumni Hall on basics of damage control; one 2.5-hour evolution focused on firefighting; or one 2.5-hour evolution on flooding per reference (d) PCC Manual VI.C. 1-4.

e. Attend a one-hour brief on the basics of sailing and techniques. Additionally, attend two of the four hands-on sessions lasting two hours and forty-five minutes. If a Plebe does not attend the brief for sailing, the brief requirement may be waived if the Plebe attends two of the four hands-on sessions per reference (d) PCC Manual VI.A.

f. Attend one of the following one-hour evolutions focused on origins and current usage of naval customs and traditions: USN Heritage Brief, USMC Heritage Brief, a tour of the USNA Museum, and a visit to the U.S. Naval Institute per reference (d) PCC Manual I.F.1-5.

g. Attend three of the four available character development speaker briefs and/or an Honor Coin ceremony with their Another Link in the Chain (ALITC) class in order to understand the Oath of Office to Navy and Marine Corps’ core values, professional, moral, and ethical responsibilities of the Naval Officer per reference (d) PCC Manual II.A.1-4 and II.C.1-2.

h. Complete two forty-five-minute, Senior Enlisted Leader (SEL) led training sessions on effective leadership principles. These sessions will include factors that influence an officer’s ability to effectively lead in an organization in a myriad of circumstances, to include a dynamic, pressurized environment per reference (d) PCC Manual II.A.1-3, II.C.1-2 and II.D. 1-3 and 6-10.

i. Attend a two-hour Seamanship and Navigation (SEANAV) training in Luce Hall simulators and a Yard Patrol Craft (YP) evolution (static or underway). Topics shall include terms, nomenclature, use of shipboard deck equipment and fittings, shipboard safety, and preparedness, specifically the importance of Personal Protective Equipment (PPE) and procedural compliance per reference (d) PCC Manual VI.A. and B.

NOTE: While Section 4.i is introduced during Plebe Summer, if a Plebe fails to attend the training, it will not be included on the Letter of Instruction (LOI) or Memorandum of Understanding (MOU) as it will be mitigated and completed during the academic year in the NS101 Fundamentals of Seamanship course of instruction.

6. Physical Evolutions. These evolutions ensure Plebes meet the physical expectations of a midshipman and are prepared to sustain physical excellence during Plebe Year and throughout their academic years at the USNA. Specifically, they shall:


b. Attempt each obstacle on the Obstacle Course.

c. Complete the Endurance Course.
7. **Other Training Topics.** The following elements shall be executed as and when required to successfully implement the provisions of this instruction.

   a. **Uniform Regulations.** In addition to informal daily room and uniform inspections, each Plebe shall pass three formal inspections during Plebe Summer (initial, mid-cycle and final inspections). At each inspection, the Plebe’s room, uniform, and knowledge shall be inspected per reference (d) PCC Manual I.B.1-2

   b. **Marching, formations, and basic drill maneuvers.** Each Plebe typically attends three formations a day. The regiment participates in six practice parades, four formal parades, and platoon-level initial and final drill competitions. Additional gray space is allocated for practice drill, ranging from the platoon to regiment level. At least twenty hours of regiment-wide drill instruction is expected over the summer per reference (d) PCC Manual I.C.1

   c. **Watchstanding.** Each Plebe shall be qualified as a Company Mate of the Deck (CMOD) and stand a minimum of one, continuous hour-long watch during the summer per reference (d) PCC Manual I.E.

   d. **Naval standards for physical readiness, nutrition, and weight control.** Plebes shall attend the Physical Education Program (PEP) five days a week in addition to a 30-minute brief on nutrition. Plebes also attend sports period for approximately five days a week beginning the second week of Plebe Summer (typically Training Day (TD)-11) per reference (d) PCC Manual IV.E.1-2.

8. **Administrative Tasking.** In addition to the training topics discussed above, the midshipmen detailers shall ensure all Plebes conduct the following tasks:

   a. Complete uniform issue (5th Wing).

   b. Complete textbook/computer/laptop issue (MidStore).


   d. Turn in/create medical/dental records (6th Wing).


   f. Take initial photos for Midshipmen Information System (Public Affairs Office - Larson Hall).

   g. Attend a 45-minute safety training brief held by the USNA safety officer per reference (h).

   h. Complete the Chemistry and English placement exams.

   i. Complete any Blackboard placement exams (e.g. Calculus) not completed prior to arriving on Induction Day.

   j. Complete any required additional placement exams (e.g. Physics, Chemistry 2).
k. Register for fall semester classes (MIDS).

1. Complete 90-minute Department of Defense required Sexual Assault and Prevention Response training and indoctrination survey.

m. Complete Information Assurance training upon receipt of computer/laptop for access to the USNA network.

9. **End State and transition to the Brigade of Midshipmen.** Following Plebe Summer, Plebes are expected to enter their companies and seamlessly transition from their indoctrination period during Plebe Summer and into an academic setting. Upon the conclusion of Plebe Summer, the Training Department shall annotate any requirements in this instruction that remain unfulfilled per individual plebe via an LOI and provide it to the academic year Company Officer delinquent requirements. The academic year Company Officer, in coordination with the Training Department, shall take responsibility for managing the completion of any delinquent requirements within this instruction, with a completion date at least 30 days prior to the following Spring Break. Specifically, the Rates Test, Weapons Range, and Damage Control Trainer shall be scheduled for completion by the Training Department throughout the academic year. All other requirements shall be remediated and scheduled for completion by the Company Officer.

10. **Completion Failure.** If a Plebe is unable to complete any portion of this instruction the detailers and staff shall use the guidance below.

11. **Completion Criteria Review**

   a. By no later than TD-49, the Plebe Summer OIC shall provide the Commandant of Midshipmen a memorandum for the record certifying the 4/C Regiment is ready to join the Brigade of Midshipmen. A committee of senior officers then reviews the records of members of the 4/C Regiment who fail to meet the certification standard outlined above. The committee consists of the Deputy Commandant of Midshipmen, the Deputy Commandant of Midshipmen for Professional Development, the Deputy Commandant of Midshipmen for Leadership and Character Development, the Plebe Summer OIC and Assistant OIC, the Training Officer, and the Staff Director.

   b. Attendance at a mock Regimental Honor Board, mock Regimental Aptitude Board, or a significant conduct violation during Plebe Summer automatically triggers a record review by the committee.

12. **Remediation Recommendations.** Failure to demonstrate satisfactory performance of Certifying Evolutions during Plebe Summer shall result in one of three courses of action:

   a. Leave of Absence (LOA) pending medical rehabilitation;

   b. LOI delineating a clear path to remediation. In most cases, Plebes are able to complete remediation during the normal course of the Academic Year by accomplishing missed evolutions during Saturday Morning Training (SMT), company training periods, or individually arranged sessions;
c. MOU for varsity athletes who depart Plebe Summer prior to TD-49. Plebe varsity athletes who begin training camp prior to TD-49 and no longer participate in the Plebe Summer Master Training Schedule must still comply with the Certification Standard. This may require make-up sessions to be coordinated by their academic year Company Officer. The Commandant of Midshipmen will normally not issue a LOI to a Plebe athlete who does not meet the Certification Standard simply because of scheduling conflicts; instead, they shall receive a MOU to ensure they understand their outstanding requirements.

13. Remediation Failure. These Plebe Summer Completion Requirements shall be completed at least 30 days prior to Spring Break. Plebes who do not complete Plebe Summer Completion Requirements may be required to complete remediation during Spring Break. If a Plebe does not satisfy their LOI or MOU by 1 April, Company Officers shall automatically assign them a "D" in Aptitude and forward to the Deputy Commandant of Midshipmen for record review with a recommendation of separation from the USNA.

14. Records Management

a. Records created as a result of this instruction, regardless of format or media, must be maintained and dispositioned for the standard subject identification codes (SSIC) 1000 through 13000 series per the records disposition schedules located on the Department of the Navy/Assistant for Administration (DON/AA), Directives and Records Management Division (DRMD) portal page at https://portal.secnav.navy.mil/orgs/DUSNM/DONAA/DRM/Records and-Information-Management/Approved%20Record%20Schedules/Forms/AllItems.aspx.

b. For questions concerning the management of records related to this instruction or the records disposition schedules, please contact your local records manager or the DON/AA DRMD program office.

15. Review and Effective Date. Per OPNAVINST 5215.17 A, the Training Department within the Division of Professional Development will review this instruction annually around the anniversary of its issuance date to ensure applicability, currency, and consistency with Federal, Department of Defense, Secretary of the Navy, and Navy policy and statutory authority using OPNA V 5215/40 Review of instruction. This instruction will be in effect for 10 years, unless revised or canceled in the interim, and will be reissued by the 10-year anniversary date if it is still required, unless it meets one of the exceptions in OPNAVINST 5215.17A, paragraph 9. Otherwise, if the instruction is no longer required, it will be processed for cancellation as soon as the need or cancellation is known following the guidance in OPNAV Manual 5215/16.

J. P. MCDONOUGH III

Releasability and distribution: This instruction is cleared for public release and is available electronically via the USNA Commandant Web Page, https://www.usna.edu/Commandant/comdtinst.php
PLEBE SUMMER COMPLETION CHECKLIST

Name________________________ Alpha __________ Academic Year Company _____

NOTE: Detailers should initial on the lines provided to verify completion of an evolution and provide completion dates where specified.

<table>
<thead>
<tr>
<th>I. PROFESSIONAL EVOLUTIONS</th>
<th>DATE</th>
<th>DESCRIPTION</th>
<th>DETAILER NAME/ INITIALS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Attend Honor and Character Development session (45 minutes)</td>
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<tr>
<td>Achieve passing score on Rates Test</td>
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<td>Complete a course of fire for pistol on the Weapons Range</td>
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<tr>
<td>Complete a course of fire for rifle on the Weapons Range</td>
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<tr>
<td>Attend Damage Control Training sessions (2 hour brief or 2.5 hour fire/flooding evolution)</td>
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<td>Attend basics of sailing and techniques brief (1 hour)</td>
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<td>Complete hands-on sailing session (2.75 hours)</td>
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<td>Attend Navy/USMC Heritage Brief, tour of USNA Museum, or visit to USNI (1 hour)</td>
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<td>Attend Character Development speaker brief (1 hour)</td>
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<td>Attend Honor Coin Ceremony</td>
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<td>Complete SEL led Training session (45 minutes)</td>
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<tr>
<td>Attend SEANAV Simulator Training (2 hours)</td>
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II. PHYSICAL EVOLUTIONS

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<tr>
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<tbody>
<tr>
<td></td>
<td>Pass the Physical Readiness Test</td>
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<td></td>
<td>Attempt all obstacles on the Obstacle Course</td>
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<td>Complete the Endurance Course</td>
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<td>Attend Safety Training</td>
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III. ADMINISTRATIVE TASKING

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<tr>
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<tbody>
<tr>
<td></td>
<td>Complete uniform issue</td>
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<td>Complete textbook/computer/laptop issue</td>
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<td>Complete ID Card issue</td>
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<td>Turn in/create medical/dental records</td>
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<td>Conduct security clearances</td>
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Certification of Requirements for Completion:

Print Name (CO/SEL)  Rank  Signature  Date

Enclosure (1)
SAMPLE LETTER OF INSTRUCTION/MEMORANDUM OF UNDERSTANDING

From: Plebe Summer Officer in Charge, U.S. Naval Academy
To: MIDN First M. Last, USN

Subj: PLEBE SUMMER LETTER OF INSTRUCTION / MEMORANDUM OF UNDERSTANDING

Ref: (a) COMDTMIDNINST 1531.3

1. Per reference (a), you have not completed all mandatory Plebe Summer certifying event(s), as a result of failure to fulfill the requirements you have been placed in a delinquent status.

2. You are directed to complete all mandatory certifying events per reference (a), specifically you will complete:
   a. Pass the Physical Readiness Test.
   b. Obstacle Course (Completion required).

3. Failure to complete the requirements by the end of the academic year will result in the Company Officer automatically forwarding you to an aptitude board with a recommendation of separation. In an extreme case, you may be directed to complete remediation over Spring Break.

4. You will be removed from a delinquent status upon completion of all assigned tasks.

W. T. DOOR
CAPT USN

Acknowledged: Signature/Date

Witnessed: Signature/Date

Copy to:
Performance Jacket

Enclosure (2)