

United States Naval Academy Marathon Team

Date: Sunday, 2nd October 2016, 0800 start time

Event: Metric Marathon

Distance: 26.2 kM (16.3 miles)

Location: Southern High School, Harwood, MD

Weather: Cloudy and cool, high 60's to low 70's

Participants: 27 Midshipmen
11 Runners
16 Volunteers
1 USNA Representative - Coach Nate Nudelman

Summary

The Navy Marathon team traveled to Harwood, MD in order to compete in the Metric Marathon. The team met at 0600 to drive to Southern High School, which acted as both the start and finish lines of a single loop, tree-lined course full of rolling hills and sharp turns. The race director, Mrs. Erin Hollamon, met us at the start at 0645 with coffee and donuts for the volunteers. The runners prepared for the race while the volunteers piled back on the bus to loop around to four of the race's five water stops. These four stops were run solely by Navy Marathon Team members. At 0800 the race began.

The Metric Marathon was intended to fulfil two purposes: to give the members of the team who are competing in our fall race, the Steamtown Marathon, a chance to volunteer and relax in preparation for their big race next weekend, and to allow people who aren't competing at Steamtown a chance to race before our fall season draws to a close. This group consisted largely of 4/C midshipmen who have been running with the team for 6 weeks but have not been given an opportunity to race, due to their uncertain academic standing. Now that the first grading period is over and they have proved themselves in the classroom, they were allowed to come out and prove themselves on the road. This was the longest race many of the freshman had ever run, and they performed spectacularly. The Navy Marathon Team took 1st and 2nd place overall for males, and 3rd place overall for females. The award winners (top finishers overall and top 3 in 10-year age groups), won flowers for their hard work.

Notable finishers included:

Males: Chris Flores- 1st overall, Jack Huntress- 2nd overall

Females: Hannah Rose- 3rd overall female

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The team looks strong coming in to the finish line, after more than 16 miles of hard work.

Results (Men)

Name	Finish Time	Pace (min/mile)	Overall Place (out of 163)	Place Within Age Group
Chris Flores	1:39.30	6:06	1	1
Jack Huntress	1:40.56	6:11	2	1
Charles Oestreich	1:46.30	6:32	6	1
Stephen Ward	2:00.25	7:23	17	5
Sal Perez	2:05.00	7:40	22	6
Eric Hilgendorf	2:16.00	8:20	47	8
Andrew Adcox	2:22.35	8:44	55	2
Andrew Lee	2:26.00	8:57	66	3

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Results (Women)

Name	Finish Time	Pace (min/mile)	Overall Place (out of 163)	Place Within Age Group
Hannah Rose	2:13.00	8:09	36	1
Mina Kim	2:15.00	8:16	42	1
Julia Mcfarland	2:26.00	8:57	67	2



The volunteers help the runners through a tough course.

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Coach Nate with his daughter, helping out at a waterstop.

The other 16 members of the team that attended were volunteers, handling 4 water stations in groups of four. Distributing water, Gatorade, and moral support from 0800 to nearly 1200, they were an integral part of the race. When the volunteers were done, they broke down their stations and returned to Southern High School with the help of Mr. Steve Adams, the bus driver who drove the course multiple times to pick up and drop off volunteers from their various locations. Mr. Adams was extraordinarily helpful and good-natured, and the volunteers would not have been able to get where they needed to be on time without him. We are very grateful for his help in the Metric Marathon. The team gathered together for the award ceremony after everyone was finished, and then headed back to the Naval Academy.



The award ceremony results in a lot of new plants for our runners.

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The team, volunteers and runners alike, pose for a picture before the start.

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8 runners placed in the Metric Marathon, either in their age group or overall.
After Action Report Created by MIDN 2/C Sara Jenkins