

# United States Naval Academy Marathon Team

**Date:** Sunday, 25th March 2018, 0900 start time

**Event:** West Point Half Marathon (Fallen Comrades Half Marathon)

**Distance:** 13.1 miles

**Location:** West Point, NY

**Weather:** Scattered clouds and sunshine, mild wind, cold, around 30 degrees Fahrenheit

**Participants:** 28 Runners (6 Army-Navy Competitors – 3 men and 3 women)

3 Volunteers

1 USNA Representative (non-Midshipmen) – OREP, LCDR Casey Rayburg

## **Summary:**

The Navy Marathon team traveled to West Point, New York in order to compete in the annual West Point Fallen Comrades Half Marathon. The difference this year, as opposed to previous years, was that the USNA Marathon Team competed with the West Point Marathon Team in a dual Army-Navy Service Academy competition. The team met at 1100 on Saturday (24 MAR 2018) to drive to New York, where the midshipmen spent the night in the barracks with the cadets. Upon arrival, which was about 1645 that day, the runners and LCDR Casey Rayburg met up with their hosts, members of the West Point Marathon Team, and dropped off their stuff inside the barracks. The team then went out to Newburgh, NY, in a USNA charter bus to have a team dinner at Panera Bread. This was to foster team unity by laughing and talking over delicious, healthy, pre-race dinner. The team then returned to West Point and spent the night in the rooms of the gracious West Point hosts. The race started at 0900 the following morning (Sunday, 25 MAR 2018). All of the runners competed in the same event, the half marathon, which tracked along the hilly streets of the school's scenic campus. After the race was over, the Navy Marathon Team met for a picture and farewell, and then the midshipmen went to Arvin Physical Development Center to shower. Following this, the team left to head back to USNA, around 1240.

## **Purpose of Race:**

The purpose of this race is to meet the West Point team, and this year compete head-to-head with their runners, as well as to prepare for the Boston Marathon. The Boston course is hillier than the majority of the courses that the Navy team runs, but West Point provides a good training course. The Navy team usually does relatively well at West Point. This year, the team struggled, as many good runners were lost to injuries and sicknesses, and even some of the racers

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the team did bring were fighting injuries and sickness. Despite this, some of the teams' runner's placed in their age groups and overall in the race.

### **Dual Service Academy (Army-Navy) Competition with West Point's Marathon Team:**

This year was the first year that the USNA Marathon Team competed with the West Point Half Marathon team in a head-to-head competition at this race. The idea was for our two teams to foster friendly competition and showcase our athletes. We also want to build unity between our two teams, as in the end we are one team, serving the same great country!

The way that this competition was organized was that each team selected three men and three women to compete against the other team. The scoring was based off of the lowest overall cumulative time of each team's six Army-Navy runners. The winner received a trophy commemorating the victory. In this first-time Dual Service Academy (Army-Navy) Competition, Army defeated Navy, with respective cumulative scores of 8 hours and 32 minutes to 8 hours and 49 minutes. We hope to make this competition an annual tradition between our two dedicated teams.

### **Results (Men)**

	Last Name	First Name	Race Time	Finish Notes
1	Wegner	Michael	1:15:15	First Half Marathon. First place 20-24. Army-Navy Competitor
2	Ostreich	Charles	1:18:56	2nd in age group 20-24. 6th overall. Army-Navy Competitor
3	Redito	Luke	1:21:35	10th overall. Army-Navy Competitor
4	Kim	Victor	1:23:00	
5	Roberts	August	1:25:05	4th in age group 20-24.
6	Keating	Conor	1:26:16	Half Marathon PR
7	Harper	Cullen	1:26:30	First Half Marathon
8	Carrillo	Victor	1:28:12	First Half Marathon
9	Karn	Trevor	1:29:00	Half Marathon PR
10	Fish	Brendan	1:32:00	
11	Jensen	Dylan	1:33:30	
12	Brown	Jamel	1:34:45	
13	Gerrety	Raymond	1:35:50	
14	Rhodes	Preston	1:38:30	
15	Swift	Grant	1:39:22	First Half Marathon. 10 mins faster than goal

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## Results (Women)

	Last Name	First Name	Race Time	Finish Notes
1	Robinson	Cara	1:31:00	Army-Navy Competitor
2	Werren	Grace	1:39:29	First Half Marathon. Army-Navy Competitor
3	Bryan	Chloe	1:41:53	First Half Marathon. Army-Navy Competitor
4	O'Neil	Madeleine	1:45:00	
5	Lane	Grace	1:49:30	
6	Gibson	Annie	1:51:08	
7	Laveck	Victoria	1:51:08	First Half Marathon
8	Good	Kendal	1:55:00	
9	Hirokawa	Sydney	1:56:00	
10	Maguire	Jamie	1:57:00	
11	Lemek	Natalie	1:59:30	
12	Daitz	Kylee	2:13:00	Ran with Julia.
13	Mcfarland	Julia	2:21:00	Ran with Kylee.

## Results (LCDR)

	Team Staff	Finish Time	Significant Finish Notes
30	Casey Rayburg	1:27.12	1 <sup>st</sup> Place for Men 35-39

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## TRIP PHOTOS:



Midshipmen arrive at Grant Hall, West Point, Saturday afternoon  
(MIDN from left to right: Dylan Jensen, Charles Ostreich, Michael Wegner, Jamel Brown,  
Cullen Harper)

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MIDN Luke Redito in Grant Hall, meticulously planning out his steps per minute, heart rate, and %inclination for all the hills for the big race the next morning.

# United States Naval Academy Marathon Team



Plebes doing Plebe stuff

(MIDN from left to right: Grace Werren, Grant Swift, Preston Rhodes, Chloe Bryan)

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Team dinner on Saturday night at Panera Bread in Newburgh, NY. Apparently an upperclass table.

(MIDN from left to right around the table: Cara Robinson, Jamie Maguire, Kendal Good, Grace Lane, Luke Redito, Kylee Daitz, Anmol Walha, Maddie O'Neil, Julia Mcfarland, Annie Laurie Gibson, Brendan Fish, Victor Kim, Ray Gerrety, Kat Gooding)

# United States Naval Academy Marathon Team



Plebes trying to form a clique, but being thwarted by two lovely upperclass.  
(MIDN from left to right around the table: Grant Swift, Grace Werren, Sydney Hirokawa, Trevor  
Karn, Chloe Bryan, Preston Rhodes)

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Starting location for the Half Marathon. Lower parking lot outside Michie Stadium.

# United States Naval Academy Marathon Team



USNA Marathon Team fearless Army-Navy competitors for the men's team.  
(MIDN from left to right: Michael Wegner, Luke Redito, Charles Ostreich)

# United States Naval Academy Marathon Team



USNA Marathon Team vicious Army-Navy competitors for the women's team.  
(MIDN from left to right: Grace Werren, Chloe Bryan, Cara Robinson)

# United States Naval Academy Marathon Team



Some USNA Marathon Team men forming the classic “pre-race awkward circle in the middle of all the racers so a picture can be taken” picture.

(MIDN from left to right: August Roberts, Grant Swift, Ray Gerrety, Trevor Karn, Victor Carrillo, Cullen Harper, Victor Kim)

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Some of the lovely ladies of the team getting ready to start the race with a smile on their face!  
(MIDN from left to right: Jamie Maguire, Kendal Good, Natalie Lemek, Julia Mcfarland,  
Sydney Hirokawa, Maddie O'Neil, Victoria Laveck, Grace Lane, Annie Laurie Gibson)  
Thanks to MIDN Maddie O'Neil for this picture!

# United States Naval Academy Marathon Team



Two USNA Marathon Team men smiling before their legs died during the race.  
(MIDN from left to right: Jamel Brown, Ray Gerrety)

# United States Naval Academy Marathon Team



MIDN Kylee Daitz getting motivated with USNA Marathon Team Officer Representative LCDR Rayburg and USNA Marathon Team Senior Enlisted Leader and Adviser Master Chief James “Butch” Rodak

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Action shot of MIDN Grace Lane with a look of sheer excitement, enthusiasm, and motivation as she was nearing the end of the race.

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Plebe sister love (also two of three Army-Navy competitors!)  
(MIDN from left to right: Grace Werren, Chloe Bryan)

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Post race family photo

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Plebe Chloe Bryan prarie dogging out of a tank

# United States Naval Academy Marathon Team



Picture of West Point's beautiful campus and course on race morning  
(Photo Creds: MIDN Kat Gooding)

# United States Naval Academy Marathon Team



Plebe's professional post-performance pizza party with a petite pinch of personal pizzazz

# United States Naval Academy Marathon Team



MIDN eat, sleep, hydrate, and relax after putting in heart, grit, and 110% during the race

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## BIG HUGE THANKS AND SHOUTOUT TO THESE TWO LADIES!

MIDN from left to right: Anmol Walha and Kat Gooding

Anmol and Kat, both recovering from injuries, could have not come on this trip, but they were adamant about coming to support their teammates and help out in any way they can. They demonstrated selflessness and altruism by sacrificing their weekend to come up and help out.

Two of the best volunteers you could ever have!

**Congratulations to all runners for doing a phenomenal job at the West Point Fallen Comrades Half Marathon. They were all excellent representations of the United States Naval Academy, showing the country and the world their determination and grit, and demonstrating the Navy's core values of Honor, Courage and Commitment!**

After Action Report made with love by MIDN 3/C Garrett Yu