US Naval Academy
Offshore Sail Training Squadron (OSTS)

Prospective Volunteer Open House
27 August 2019
Navy Sailing OSTS Personnel

CDR Luke Kremer  Director, Naval Academy Sailing
Mr. Jon Wright  Vanderstar (Safety) Chair
CAPT Dave Jackson (ret)  Maintenance Director
Ms. Renee Mehl  Director, OSTS program
Mr. John Formisano  Volunteer Fleet Captain
LT Matthew Vernam  Operations Officer
LT Jordan McCullough  Training Officer
The mission of SAILTRAMID is to expand upon the base knowledge of seamanship and navigation gained by midshipmen in the classroom and to provide an opportunity to exercise their small unit leadership and teamwork skills in a real world, at sea environment.
OSTS is part of Professional Development for 3/C, 2/C and 1/C midshipmen, as an option for one of their two mandatory summer training “blocks” (four week training period). It’s a hands-on, practical application of skills learned during the academic year.

2019

• Sorties – 30
• MIDN Trained – 245
• Remote Port Visits
  – Stamford, CT
  – Bristol, RI
  – Mystic, CT
  – Boston, MA
  – Freeport, NY
  – Port Jefferson, NY

• Miles traveled per cruise block: 490-1000 nm
Summer Cruise Blocks

• 3.5 week block for Midshipmen
  – Week 1 is 3 days of classroom training, chart prep, navigation, sailing theory, Navy 44 systems and on-the-water training (1/c and 2/c), so they will be better prepared to go offshore. This is the week before the sailing block starts.

• 3 weeks for Skipper/XO volunteers
  – Week 2 is local sailing, emphasizing sailing basics, big boat safety aspects, drills, big boat systems, and watch-standing
  – Week 3 transit to remote port, weekend port visit, and community outreach
  – Week 4 transit back to USNA, goal is MIDN running the boat
Remote Port Visits

The remote port visits add tremendous value to the program. Activities differ depending on the host, but past programs have included a Question & Answer period with select MIDN with the Boys & Girls Club and in a public forum where they were introduced by a Senator, attending community picnics with war veterans, baseball games with local firemen and police, and kickball with local kids. They often stay with local families. This helps prepare them for Navy life in foreign port-calls and the importance of being a good ambassador and the face of the Navy.
Volunteer Portrait

• Skippers and Executive Officers (XO) are Active-Duty and Retired Military, Civilians, and Midshipmen.
  – Varying levels of sailing and leadership experience. Civilians with blue water experience learn Navy processes, boat systems, and how to effectively coach leadership opportunities. Military learn how to sail and serve as mentors and leaders for the Midshipmen.

• Opportunities to be a Skipper, XO, Instructor Trainer, subject matter expert Guest Lecturer, or ground school instructor.
Volunteer Responsibilities

Role of Skipper and XO is to train midshipmen in small unit leadership and teamwork, and intermediate level seamanship

• Leadership and teamwork:
  – Build lessons from classroom, “know yourself, know your troops and know your job”. Midshipmen will explore personal strengths and limitations as a team member while experiencing physical and emotional stresses in a real-world environment at sea aboard a small craft
  – Develop further understanding of importance of an individual to the team effort, especially when the team is small and stakes are high
  – Improve communication skills
  – Reinforce the importance of training in successful completion of a mission
  – Recognize the importance of detailed planning to successfully complete a complex project
  – Build situational awareness skills
Volunteer Responsibilities

• Intermediate Level Seamanship:
  – Watch standing
  – Small boat handling
  – Knowledge of and appreciation for the forces of wind and sea
  – Relative motion
  – Deck seamanship
  – Meteorology and oceanography
  – Situational awareness
  – Shipboard organization
  – Preventative and corrective maintenance systems
  – Operational Risk Management (ORM)
  – Navigation (open ocean, coastal and restricted waters piloting)
  – Damage control

• Skipper and XO are ultimately responsible for safety of ship and crew
• Great responsibility and great rewards working with the Midshipmen
Volunteer Training Timeline

- **N26 Colgate “B” Qual**
  - SEP

- **NA44 Training Basic Fundamentals (Senior Crew Qual)**
  - OCT

- **Classroom Training**
  - JAN
  - 2 Nights/Week
  - ~20 Classes
  - Written/Online Exams

- **NA44 Training Advanced Fundamentals DELMARVA**
  - FEB
  - (Watch Captain and D-CS Qual)

- **SAILTRAMID Skipper/XO**
  - MAR
  - APR
  - MAY
  - JUN
  - JUL
  - AUG
Fall Training

- **Navy 26 (Colgates) Training**
  - Obtain "B" qualification
  - Prerequisite for N44 training
  - Maximum 10 lessons
  - Must pass check ride and written test
  - (NOT required for Midshipmen who completed an OSTS summer cruise)
  - Youtube link for SOP videos
    - https://www.youtube.com/watch?v=n2fuaaF5j-I&list=PLdt-vQDdRsmZFDVQb383Qi6H9JSwSDTzg

- **Navy 44 Training**
  - Weeknight Evening Training
    - Mon-Fri (2 hrs/day) over 4 weeks
  - Weekend Training
    - Saturday and Sunday full day sailing
  - Overnight Training (optional for senior crew)
    - Friday-Saturday (approx. 11 hours on watch)
    - Saturday-Sunday (approx. 15 hours on watch)
  - Training Topics
    - Navy standard operating procedures
    - NA44 boat familiarization and layout
    - Sailing fundamentals
    - U/W prep and watch standing for overnight sail

- **Navy 44 Midshipmen Training**
  - Log hours/complete Senior Crew/Watch Captain
    - Transition to XO training
    - Skills refresher
    - Teaching methods
    - Participate as Watch Captain with ECA
    - Sunday sailing for varsity sports MIDN
    - Participate in scheduled XO training
    - **Minimum 10 hours fall training, and 10 hours spring training prior to Delmarva.**
# Fall Training Schedule/Objectives

- **N26 Colgate Training**  
  Aug 28 – Nov 2 (by appointment)  
  Max 10 hours instruction to earn B-qual

- **N44 Training**  
  Log 33 hrs/Sign all Senior Crew skills

<table>
<thead>
<tr>
<th>Weeknights</th>
<th>Mon-Fri (Sep 30 – Oct 4)</th>
<th>1600-1830</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Mon-Thu (Oct 7 – Oct 10)</td>
<td>1600-1830</td>
</tr>
<tr>
<td></td>
<td>Tue-Fri (Oct 15 – Oct 18)</td>
<td>1600-1830</td>
</tr>
<tr>
<td></td>
<td>Mon-Thu (Oct 21 – Oct 24)</td>
<td>1600-1830</td>
</tr>
<tr>
<td>Weekends</td>
<td>Sat (Oct 5) and/or Sun (Oct 6)</td>
<td>0800-1700</td>
</tr>
<tr>
<td></td>
<td>Sat (Oct 12)</td>
<td>0800-1700</td>
</tr>
<tr>
<td></td>
<td>Sat (Oct 26) and/or Sun (Oct 27)</td>
<td>0800-1700</td>
</tr>
<tr>
<td>Overnights</td>
<td>Sat-Sun Overnight (Oct 5-6)</td>
<td>0800-1700</td>
</tr>
<tr>
<td></td>
<td>Fri-Sat Overnight (Oct 11-12)</td>
<td>1600-1700</td>
</tr>
<tr>
<td></td>
<td>Fri-Sat Overnight (Oct 25-26)</td>
<td>1600-1700</td>
</tr>
</tbody>
</table>
Winter Classroom Training

• End of January – Early April
  – Weeknights from 1600-1800, 1-2 nights per week
  – Classes also available in e-learning format through Panopto.
• Topics
  – Navigation
  – Leadership
  – Rules of the Road
  – First Aid/CPR Class
  – Operational Risk Management
  – Radio Communications
  – Coaching Techniques
  – Safety at Sea Seminar (MAR 28-29, 2020)
  – N44 Systems (Saturday seminar)
    • Electronics, Electrical Systems, Rigging
    • Diesel Engine, Heads and Pumps, Sail Loft
D-Qual Process

• Practical
  – Sailing skills will be assessed by instructor-trainers, recommendation required to proceed to next qual level
  – Each skill must be signed off in the qual logbook
  – Hours underway must be logged properly

• Exams
  – Written/Online exams consists of 15 segments
  – Passing score for each segment is 70% (except for Rules of the Road which must be 90%)

• CPR/First Aid Certification Required

• Safety at Sea Seminar Attendance Required (every 5 years)
D-Qual Exam Segments

- Charts/Publications
- Communications
- Crew Overboard
- Electrical
- Electronics
- Emergency Situations
- Engineering
- First Aid
- General Seamanship
- Heavy Weather Sailing
- Rules of the Road
- Safety

- Sailing Theory
- Weather
- Practical Navigation Exam
Spring Training

• April and May
• NA44 refresher training, log 36 hours/obtain skills signatures for Watch Captain qualification
• DELMARVA circumnavigation, log 37 hours/complete skills signatures for D-CS (XO) qualification
  – Four days in duration
  – Contact management, navigation, watch standing, restricted waterways, and log keeping
  – “Final Exam” for practical portion, must obtain instructor recommendation to qualify as Skipper or XO
Summer

• Sail as an XO for all or part of a summer block. Your training will continue during the summer, and you will accumulate hours and skills toward earning your D-OS (Skipper qualification).

• Opportunities to contribute as an instructor during ground school, onboard during the week of local area sailing and as a check ride evaluator.
Logistics

- Contact OSTS staff to indicate your interest in volunteering as an instructor.
- Sign VSA if civilian or retired military, prior to sailing Navy 26/44s.
- Fill out volunteer questionnaire.
- Fill out parking pass form if needed, and return to OSTS staff in person.

- Sign up for N26 training online (September). 10 lesson maximum.
- Sign up for N44 training online (October).

- Foul weather gear and boots are available to check out from the sailing center for training sessions in the fall and spring, and in the summer.
- Uniform is khaki shorts or pants (no cargo shorts), and a navy blue polo shirt for volunteer training. During the summer, we require the “Navy Sailing” polo shirt, the burgee belt, khaki shorts, and either boat shoes or non-marking tennis shoes. A blue or white baseball cap is optional. You will be given access to the Midshipman Store later in the season to buy these items.
Parking Pass

DEPARTMENT OF THE NAVY LOCAL POPULATION ID CARD/BASE ACCESS PASS REGISTRATION

IDENTITY PROOFING AND APPLICANT INFORMATION

1. LAST NAME: 
2. FIRST NAME: 
3. MIDDLE NAME: 
4. NAME SUFFIX: Jr., Sr., I, II, III, IV
5. HISPANIC OR LATINO (other race): YES NO
6. RACE: WHITE 
7. GENDER: MALE FEMALE
8. DATE OF BIRTH: 
9. CITY OF BIRTH: 
10. STATE OF BIRTH: 
11. BIRTH COUNTRY: 
12. US CITIZEN (U.S.): YES NO 
13. DUAL CITIZENSHIP: YES NO
14. U.S. Citizen Minimum Documentation Required:
   - By Birth: Social Security No. and/or State Driver's License.
   - Naturalized: Certification Number, Petition Number, Date, Place and Court, United States passport number, Social Security No. and/or State Driver's License.
   - Damaged: Parent's certification number, Social Security No. and/or State Driver's License.
   - Alien Minimum Documentation Required:
     - Alien Registration No. 
   
   Other Approved Source Documents:
   - Social Security No.
   - State Driver's License
   - Passport No.
   - Certification Number and Petition Number
   - Alien Registration No.

15. IDENTIFICATION DOCUMENT SOURCE:
16. DOCUMENT NUMBER: 
17. ISSUED BY: STATE/COURT 
18. ISSUED BY: GOVERNMENT 
19. EXPRESSED: 

20. WEIGHT (Pounds): 
21. HEIGHT (Inches): 
22. HAIR COLOR (dark hair): 
   - Brown
   - Blonde
   - Silver
   - Gray
   - Other
   - Unavailable
23. EYE COLOR (Check One):
   - Blue
   - Brown
   - Green
   - Hazel
   - Other
   - Unavailable
24. HOME ADDRESS: 
25. BASE SPONSOR'S NAME: 
26. EMPLOYER NAME AND ADDRESS (Include citizenship status): 
27. SUPERVISOR NAME AND ADDRESS (Include citizenship status): 

EMPLOYMENT ACTIVITY INFORMATION

28. EMPLOYER PHONE (Include Area Code): 
29. SUPERVISOR PHONE (Include Area Code): 

O:\B:\Forms\DMDC\APR-2014\DEPARTMENT OF THE NAVY LOCAL POPULATION ID CARD/BASE ACCESS PASS REGISTRATION Form SECNAV 5512/1

How to complete the DEPARTMENT OF THE NAVY LOCAL POPULATION ID CARD/BASE ACCESS PASS REGISTRATION Form SECNAV 5512/1

Complete all information in block ink (printed) or by typewriting. Note: Signatures and initials are required in Blocks 19, 30 and 31.

Block 1: Enter Last Name
Block 2: Enter First Name
Block 3: Enter Middle Name
Block 4: If Applicable: Check the appropriate box for Name Suffix
Block 5: Check “Yes” if you are Hispanic or Latino. “No” if you are not Hispanic or Latino.
Block 6: Check the applicable box for Race.
Block 7: Check the applicable box for gender.
Block 8: Enter Date of Birth
Block 9: Enter City of Birth
Block 10: Enter State of Birth
Block 11: Enter Country of Birth
Block 12: Check the applicable box for US Citizenship V/N.
Block 13: Check the applicable box for dual citizenship V/N.
Block 14: Check off two forms of identification which you wish to use in blocks 15-19.

**NOTE:** Paperwork only calls for two forms of ID. However, base security needs your SSN as well. Do not write your SSN in the document. After the form is emailed to LT Johnson or LT McCullough, we will call you and get your SSN over the phone.

Block 15: Enter Document Number located on the identity proofing source document that was checked in Block 14. Examples: Driver’s License Number, Passport Number etc.
Block 16: Enter the State that issued the Identity Document checked in Block 14.
Block 17: Enter the Country that issued the Identity Document checked in Block 14.
Block 18: Enter the Date that the Identity Document was issued.
Block 19: Enter the Date that the Identity Document will expire.
Block 20: Enter Weight in pounds.
Block 21: Enter Height in inches.
Block 22: Check the applicable box for Hair Color.
Block 23: Check the applicable box for Eye Color.
Block 24: Enter Home Address Including City, State, Zip Code, and Home/Cellular Telephone Number.
Block 25: Enter LOR/CSA Number for “Base Sponsor’s Name” and 1203-395-5100 for “Sponsor Phone”.
Block 26: Enter USM 89000-0000 for “Supervisor’s Name” and 810-395-5610 for “Supervisor Phone”.
Block 27: Enter LOR/CSA Number for “Supervisor’s Name Address” and 810-395-5610 for “Supervisor Phone”.
Block 28: Leave Blank: Robert Crown Officer will hand write in hours required for vehicle pass.
Block 29: Checked if Felony V/N. Please don’t forget to Initial.
Block 30: Initial
Block 31: Date and Sign

OFS OFFICER: Hand write “V/FORM” at the top of the registration form before submitting the form to Base Security.
Job Satisfaction

- Opportunity to coach, mentor, and lead an amazing team of midshipmen
- Sense of accomplishment as midshipmen get hands-on leadership laboratory, adventure, real-life operational risk management
- Active Duty will receive an AQD upon receipt of their D-OS qualification
N26 Training Sign-up
https://docs.google.com/spreadsheets/d/15N4Ax-xK56yQ8RPSpdNT3hv02B4aiv928G2tOpe8E5A/edit#gid=0

N44 Training Sign-up
https://docs.google.com/spreadsheets/d/15HQfMtqv76Y6skWVsdIDY0EhQUf5Q7dLoRdcvkHS7k/edit?usp=sharing
OSTS Contacts

Mr. John Formisano  Volunteer Fleet Captain  jeformisano@gmail.com
Ms. Renee Mehl  OSTS Program Director  mehl@usna.edu  410-293-5610
LT Matthew Vernam  Operations Officer  vernam@usna.edu  410-293-5616
LT Jordan McCullough  Training Officer  jmccullo@usna.edu  410-293-5604

Please email us if you are interested in the program and would like to sign up, but weren’t able to attend the meeting.
QUESTIONS?
http://www.usna.edu/SailingTeam/