On a daily basis, a Midshipman shall:

1. Rise at 0630 or earlier (liberty/Sunday exception).

2. Wear shined shoes and maintain an inspection-ready working uniform that is changed at minimum once a week.

3. Maintain a Bravo Condition room with the door at 90 degrees when the room has no occupants (door may be closed on the weekend).

4. Arrive at least five minutes early to any military obligation and attend such obligations according to the table of priorities.

5. Conduct physical training or activity every day.

6. Ensure that they and the midshipmen in their charge possess conversational knowledge about the designated professional knowledge topic of the week.

7. Notice and correct deficiencies of other midshipmen before utilizing the conduct system. If another midshipman continues to make such infractions, one is obligated to take further action.

8. Designate time at least once a day to professionally develop the midshipmen in their charge.

9. Designate time at the end of each day to reflect on the goals they have set for themselves and the midshipmen in their charge, focusing on how they can improve for the next day.

These Fundamental Rules of Action are by no means a comprehensive list for midshipmen to follow; they are merely the basic actions that a midshipmen should take every day in order to best fulfill their duties as a member of the United States Naval Academy. This is the minimum standard.